

Federal Office of Public Health FOPH Health and Accident Insurance Directorate Section Health Technology Assessment

Health Technology Assessment (HTA)

Scoping Report

Title	The treatment of primary hypercholesterolaemia and mixed/combined hyperlipidaemia with ezetimibe-containing medicines
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Technology	Ezetimibe-containing medicines	
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Executive Summary:

Dyslipidaemia is a key risk factor in the development of atherosclerosis and cardiovascular diseases (CVDs). Ezetimibe, a cholesterol absorption inhibitor, is currently used to treat dyslipidaemias and CVDs in Switzerland; however, there is ongoing debate regarding its effectiveness. In light of this, the Swiss Federal Office of Public Health is re-evaluating the indications for the reimbursement of ezetimibe. This report aims to determine the feasibility of conducting a health technology assessment (HTA) of ezetimibe based on the clinical, economic, legal, social, ethical and organisation data identified during the scoping phase.

The objective of the HTA is to evaluate the safety, efficacy, effectiveness, cost-effectiveness and budgetary impact of ezetimibe (by itself or in combination with statins or fenofibrate) compared to placebo, statins or fenofibrate monotherapies in patients who have (i) primary hypercholesterolaemia (familial and non-familial) with or without pre-existing atherosclerotic cardiovascular disease (ASCVD) or (ii) mixed/combined hyperlipidaemia with or without pre-existing ASCVD. A systematic literature search was conducted in eight biomedical, ethical and legal and economic databases, in addition to clinical trial registries and specialty websites. From the 14,003 search results, 76 randomised controlled trials were suitable for inclusion. Twelve existing economic evaluations broadly matching the PICO criteria were identified; however, their applicability to the Swiss context was limited. Six social-, one ethical- and one organisational-related studies were identified from the systematic search. No legal studies were identified.

There is sufficient evidence to undertake a full HTA on the efficacy, safety and the economic impact of ezetimibe. However, there is insufficient evidence from pragmatic randomised controlled trials (RCTs) to evaluate effectiveness; the HTA will need to include non-randomised study designs for the evaluation of effectiveness. For the economic evaluation, the construction of a de novo economic model is likely to be the most appropriate approach. Projected budgetary impacts will be additionally considered. Limited evidence was identified for legal, social, ethical and organisational issues. An

additional non-systematic search will be conducted at the HTA phase to ensure all appropriate literature has been identified.

Zusammenfassung:

Die Dyslipidämie ist ein Hauptrisikofaktor bei der Entstehung von Atherosklerose und Herz-Kreislauf-Erkrankungen (cardiovascular diseases, CVD). Ezetimib, ein Cholesterol-Absorptionshemmer, wird in der Schweiz gegenwärtig angewendet, um Dyslipidämien und CVD zu behandeln. Dessen Wirksamkeit wird allerdings diskutiert. Vor diesem Hintergrund bewertet das Bundesamt für Gesundheit die Indikationen im Hinblick auf die Rückerstattung für Ezetimib neu. Mit diesem Bericht soll die Machbarkeit eines Health Technology Assessments (HTA) für Ezetimib auf der Grundlage von während der Scoping-Phase gesammelten klinischen, wirtschaftlichen, rechtlichen, sozialen, ethischen und organisatorischen Daten bestimmt werden.

Das Ziel des HTAs ist die Prüfung der Sicherheit, der Wirksamkeit unter idealen Bedingungen (efficacy) und unter Alltagsbedingungen (effectiveness), der Wirtschaftlichkeit und der Budgetauswirkungen von Ezetimib (als Monotherapie oder als Kombinationstherapie mit Statinen oder Fenofibrat) im Vergleich zu Placebo oder Monotherapien mit Statinen oder Fenofibrat bei Patienten (i) mit primärer (familiärer oder nicht-familiärer) Hypercholesterinämie mit oder ohne vorbestehender atherosklerotischer Herz-Kreislauf-Erkrankung (ASCVD) oder (ii) mit gemischter/kombinierter Hyperlipidämie mit oder ohne vorbestehender ASCVD. Es wurde eine systematische Literaturrecherche in acht biomedizinischen, ethischen, rechtlichen und wirtschaftlichen Datenbanken sowie in Registern klinischer Versuche und auf spezialisierten Plattformen durchgeführt. Aus den 14'003 Suchergebnissen erfüllten 76 randomisierte kontrollierte Studien (RCT) die Einschlusskriterien. Es wurden zwölf bestehende wirtschaftliche Evaluationen identifiziert, welche die PICO-Kriterien weitgehend erfüllen; allerdings lassen sie sich nur begrenzt auf den Schweizer Kontext übertragen. Die systematische Suche ergab sechs Studien zu sozialen und je eine zu ethischen bzw. organisatorischen Aspekten. Es wurde keine rechtliche Studie identifiziert.

Die gesammelten Daten reichten aus, um ein vollständiges HTA zur Wirksamkeit unter idealen Bedingungen, Sicherheit und Wirtschaftlichkeit von Ezetimib vorzunehmen. Es liegen jedoch nicht genügend Daten aus pragmatischen RCTs vor, um die Wirksamkeit unter Alltagsbedingungen zu bewerten. Für die Bewertung der Wirksamkeit unter Alltagsbedingungen im Rahmen des HTAs werden deshalb nicht-randomisierte Studien eingeschlossen werden müssen. Zur ökonomischen Evaluation ist die Entwicklung eines wirtschaftlichen de novo Modells wahrscheinlich der am besten

geeignete Ansatz. Projizierte Budgetauswirkungen werden zusätzlich berücksichtigt.

Für die rechtlichen, sozialen, ethischen und organisatorischen Aspekte konnten nur begrenzt Daten zusammengetragen werden. Im Rahmen der HTA-Phase wird eine zusätzliche nicht-systematische Suche durchgeführt werden, um sicherzustellen, dass alle relevanten Literaturbeiträge gefunden wurden.

Synthèse :

La dyslipidémie est un facteur de risque clé dans le développement de l'athérosclérose et de maladies cardio-vasculaires (CVD). L'ézétimibe, un inhibiteur de l'absorption du cholestérol, est actuellement utilisé en Suisse pour traiter les dyslipidémies et les CVD; cependant, son efficacité fait l'objet d'un débat permanent. Dans cette optique, l'Office fédéral de la santé publique réévalue les indications pour le remboursement de l'ézétimibe en Suisse. Le présent rapport vise à déterminer la faisabilité d'une évaluation des technologies de la santé (ETS) de l'ézétimibe qui se base sur des données cliniques, économiques, légales, sociales, éthiques et organisationnelles identifiées durant la phase de scoping.

L'objectif de cette ETS consiste à évaluer la sécurité, l'efficacité en conditions idéales et réelles, le rapport coût-efficacité et l'impact budgétaire de l'ézétimibe (seul ou combiné à des statines ou du fénofibrate) comparé aux traitements placebo ou à la monothérapie avec des statines ou du fénofibrate chez les patients qui ont (i) une hypercholestérolémie primaire (familiale et non-familiale) avec ou sans maladie cardiovasculaire athérosclérotique pré-existante (ASCVD) ou (ii) hyperlipidémie mixte/combinée avec ou sans ASCVD pré-existante. On a procédé à une étude systématique de la littérature dans huit bases de données biomédicales, éthiques, juridiques et économiques, en plus des registres d'essais cliniques et des sites internet spécialisés. Sur les 14 003 résultats de recherche, 76 essais randomisés contrôlés ont pu être inclus. Douze évaluations économiques existantes correspondant largement aux critères PICO ont été mises en évidence; toutefois, leur applicabilité au contexte suisse était limitée. Six études portant sur le social, une étude portant sur l'éthique et une portant sur l'organisationnel ont pu être dégagées par la recherche systématique. Aucune étude juridique n'a été identifiée.

Il existe suffisamment de preuves pour procéder à une ETS complète de l'efficacité en conditions idéales, de la sécurité et de l'impact économique de l'ézétimibe. Cependant, les preuves tirées des essais randomisés contrôlés (ERC) pragmatiques sont insuffisantes pour évaluer l'efficacité en conditions réelles; l'ETS devra inclure des modèles d'études non randomisés pour y parvenir. Pour l'évaluation économique, la construction d'un modèle économique de novo est probablement

l'approche la plus appropriée. Les impacts budgétaires estimés seront également pris en compte. Peu de données ont pu être prises en compte pour les questions juridiques, sociales, éthiques et organisationnelles. Une recherche supplémentaire non systématique sera effectuée lors de la phase d'ETS afin de s'assurer que toute la littérature appropriée a été identifiée.

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Abbreviations and acronyms

ACS	Acute coronary syndrome
AGLA	Arbeitsgruppe Lipide und Atherosklerose
APOB	Gene coding for the apolipoprotein B protein
Аро-В	Apolipoprotein B
ASCVD	Atherosclerotic cardiovascular disease
cIMT	Carotid intima-media thickness
CEA	Cost-effectiveness analysis
CHD	Coronary heart disease
CUA	Cost-utility analysis
CVD	Cardiovascular disease
EAS	European Atherosclerosis Society
EMA	European Medicines Agency
ESC	European Society of Cardiology
FOPH	Federal Office of Public Health
HDL	High density lipoprotein
HMG-CoA	3-Hydroxy 3-methylglutaryl-coenzyme A
HTA	Health technology assessment
IVUS	Intravascular ultrasound
LDL-c	Low density lipoprotein-cholesterol
LDLR	Gene coding for low-density lipoprotein receptors
NA	Not applicable
NR	Not reported
PCSK9	Proprotein convertase subtilisin/kexin type 9 protein
PICO (EO)	Population, intervention, comparator, outcome, (economic outcomes)
PPAR	Peroxisome proliferator-activated receptors

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Objective of the HTA scoping report

The objective of the scoping report is to conduct a systematic literature search and provide an overview of the available evidence base addressing the main health technology assessment (HTA) domains, i.e. clinical effectiveness/safety, costs/budget impact/cost-effectiveness, legal/social/ethical and organisational issues. In the report the analytical methods that are to be used when an HTA is pursued are described. Based on quantity and quality of the extracted evidence the feasibility of pursuing an HTA is judged. Analysis of the individual study outcomes is not the objective of the scoping report.

1 Policy question and context

Lipid-lowering therapies with ezetimibe, ezetimibe in fixed combination with simvastatin, and ezetimibe in free combination with any statin licensed in Switzerland are covered by the mandatory health insurance without any limitation for the treatment of patients with primary hypercholesterolaemia and mixed/combined hyperlipidaemia.

Different HTA reports, systematic reviews and several recent clinical studies found no evidence for the clinical effectiveness of the different ezetimibe therapies in regard to vascular and all-cause mortality in the above-mentioned dyslipidaemia diseases. Therefore, the applicant (santésuisse) suggests limiting the use of the ezetimibe mono- and combination therapies to patients who i) under statin monotherapies do not reach proposed LDL targets ii) cannot tolerate high statin monotherapy doses and iii) patients that were hospitalised due to acute coronary syndrome (ACS).

The HTA will aim to address the policy question by first considering the overall clinical and economic impact of ezetimibe. Subsequent analyses will determine whether limiting the indication for reimbursement to the proposed groups is appropriate in Switzerland.

2 Research questions

The planned HTA aims to address the following research questions:

- 1. What is the safety, efficacy, effectiveness, cost-effectiveness and budgetary impact of ezetimibe (by itself or in combination with statins or fenofibrate) compared to placebo, statins or fenofibrate monotherapy in patients who have (i) primary hypercholesterolaemia with or without pre-existing ASCVD or (ii) mixed/combined hyperlipidaemia with or without pre-existing ASCVD?
- 2. Are there any legal, social, ethical and organisational issues associated with ezetimibe, ezetimibe-statin and ezetimibe-fenofibrate therapy?

3 Medical background

3.1 Medical context, disease description and natural course

Cardiovascular disease is a broad term encompassing a range of diseases that affect the heart and blood vessels, including coronary heart disease, cerebrovascular disease and peripheral artery disease. These diseases can lead to acute events such as myocardial infarction or stroke, which result in significant morbidity or mortality. A major risk factor for CVD is atherosclerosis, the accumulation of plaque (a build-up of substances including lipids, calcium, and connective tissue) in blood vessels. Overtime, the build-up of plaque causes vessels to narrow and harden, increasing the risk of thromboembolic events such as stroke, transient ischaemic attack, pulmonary embolism and ischaemic heart disease. The exact cause of atherosclerosis and plaque build-up is currently unknown. However, there are several modifiable life risk factors associated with its progression, including smoking, hypertension, diabetes, and dyslipidaemia. Of relevance to this scoping report is dyslipidaemia. Dyslipidaemia, also known as hyperlipidaemia, is a broad class of diseases characterised by abnormal lipoprotein, lipid, cholesterol or triglycerides levels in the blood. Specific dyslipidaemias include:

Hypercholesterolaemia, a sub-type of dyslipidaemia, is characterised by higher-than-normal circulating low-density lipoprotein cholesterol (LDL-c) levels.⁵ Defined thresholds for abnormal levels are complex, and take into account age, sex, ethnicity and patient history.⁶ The origin of this disorder in patients can be familial (genetic) and/or non-familial. Non-familial causes of hypercholesterolaemia include lifestyle factors such as a high saturated-fat diet, smoking and a lack of physical activity, along with pre-existing conditions (e.g. diabetes) and certain medications (e.g. diuretics).⁵ Familial hypercholesterolaemia is a group of inherited disorders resulting from defects in genes associated with the synthesis, metabolism or transport of lipoproteins or cholesterol (for example, *LDLR*, *APOB*, *PCSK9*).⁸ The genetic defect leads to an abnormally low uptake of LDL-c by the liver, resulting in the accumulation of cholesterol in the circulatory system, and increased LDL-c particles found in plasma.⁹ Irrespective of the underlying cause of hypercholesterolaemia, the resulting high cholesterol concentration is thought to cause the accumulation of plaque in blood vessels.⁶

Mixed/combined hyperlipidaemia is characterised by increased LDL-c coupled with increased triglycerides and/or decreased high density lipoproteins (HDL). Like hypercholesterolaemia it commonly has a familial origin. Mixed/combined hyperlipidaemia can be acquired through lifestyle factors and is associated with concomitant diseases such as metabolic syndrome or non-alcoholic fatty liver disease.¹⁰

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Individuals with hypercholesterolaemia or mixed/combined hyperlipidaemia are at an increased risk of CVD, including ACS, angina and myocardial infarction, and death.⁶ For these individuals, medications that aim to lower blood concentration of LDL-c, a lipoprotein involved in the transport of cholesterol, are often prescribed.¹² LDL-c particles also contain high levels of Apolipoprotein B (Apo-B), a lipoprotein pivotally involved in the initiation and progression of lipid deposition and the accumulation of plaque in arteries.⁶ Interventions aimed at lowering LDL-c are thought to reduce the lipid deposition and plaque accumulation, thereby reducing overall cardiovascular risk (i.e. primary prevention).⁶ In individuals who have experienced an adverse cardiac event (e.g. myocardial infarction or stroke), LDL-c lowering medications are intended to lower the risk of further adverse events (i.e. secondary prevention).¹³

In summary, individuals with hypercholesterolaemia or mixed/combined hyperlipidaemia utilising lipidlowering interventions who are yet to experience an adverse cardiac event are denoted as the primary prevention population. By contrast, individual's utilising lipid-lowering therapies and have experienced an adverse cardiac event are denoted as the secondary prevention population.

3.2 Symptoms and diagnostic pathway

Most patients with dyslipidaemias present with elevated blood lipid levels (for example, LDL-c > 100mg/dL and triglyceride > 177mg/dL) noting specific values are dependent on age and other risk factors. ¹⁴ Further, patients often do not exhibit clinical symptoms indicative of CVD. However, in severe cases, dyslipidaemias can cause skin or tendon lesions (xanthomas) and cholesterol deposits in the eye (arcus cornea). ¹⁵

To ascertain whether the dyslipidaemia is familial or non-familial, age, genetic testing, family history and blood lipid levels are considered.⁹ ¹⁶ Patients that have first-degree relatives with a history of elevated LDL-c levels, tendon xanthomas or arcus cornealis, premature CVD or have died from a cardiovascular event are candidates for genetic testing.¹⁴ Genetic testing generally screens for mutations in *LDLR*, *APOB* and *PCSK9* genes; however, approximately 10 – 40 per cent of patients with phenotypical characteristics of familial hypercholesterolaemia do not exhibit genetic defects in these genes and the inheritance of hyperlipidaemias are often polygeneic.¹⁴ Lastly, LDL-c measures are generally higher in familial than non-familial hypercholesterolaemia.

Similarly, to differentiate between the type of dyslipidaemia (hypercholesterolaemia and mixed/combined hyperlipidaemia), blood lipid levels and genetic testing are used.¹⁴ ¹⁷ Individuals with hypercholesterolaemia typically present with elevated LDL-c levels. By contrast, individuals with mixed/combined hyperlipidaemia present with elevated LDL-c and/or triglyceride levels with or without reduced HDL levels. ¹⁴ ¹⁷ Further, investigations to rule out secondary causes of dyslipidaemia such as

hypothyroidism, nephrotic syndrome and some medications (cyclosporin and anti-retroviral drugs) are additionally performed.¹⁴

Once diagnosed, the individual's cardiovascular risk score is calculated. The cardiovascular risk score determines the absolute risk of a fatal coronary event or non-fatal myocardial infarction within 10 years.¹⁷ This in turn determines the appropriate treatment strategy and goals. A summary of the risk categories and their corresponding criteria is shown in *Table 1*, noting however, this table represents a simplified risk score, as additional considerations such as age, blood pressure, sex, smoking habits and diabetes influence the individuals overall risk categorisation.¹⁷

Table 1 Summary of risk categories as reported by the Arbeitsgruppe Lipide und Atherosklerose (AGLA)¹⁷

Cardiovascular risk categories	Criteria	Target LDL-c	Target non-HDL- c	Target HDL-c	Target total cholesterol	Target Triglyceride	
Very high risk	Known cardiovascular diseases or atherosclerosis ^a ; type 2 diabetes mellitus; type 1 diabetes mellitus with end organ damage like microalbuminuria; chronic renal failure with eGFR <30 ml/min / 1.73 m ²	<70mg/dL (1.8mmol/L)	<100mg/dL (2.6mmol/L)	remains highly but h recommended for risk assessment. asse Low HDL is associated with increased determined but h record assessment.	No treatment target, but highly recommended for risk assessment. Use LDL-c values to determine appropriate levels.	Moderate hypertriglyceridemia TG, 177 – 886mg/dL (2 – 10mmol/L) Primary goal is to lower LDL-c and non-HDL-c to target levels. Secondary goal is to treat underlying diseases if applicable.	
High risk	10-year risk > 20% b Individual risk factors: LDL-C >4.9 mmol/L; Blood pressure >180/110 mmHg; chronic renal failure with eGFR 30-59 ml/min / 1.73 m²	<100mg/dL (2.6mmol/L)	<131mg/dL (3.4mmol/L)		the	Severe hypertriglyceridemia TG >886mg/dL (>10mmol/L) Primary goal is to prevent acute pancreatitis, lower triglycerides, eliminate chylomicronemia.	
Moderate risk	10-year risk 10-20% b Risk influenced by others risk factors	<116mg/dL (3.0mmol/L)	<147mg/dL (3.8mmol/L)		<147mg/dL (3.8mmol/L) factors to address HDL concerns.		Secondary goal is to treat underlying disease and reduce LDL-c and non-HDL-c to target levels.
Low risk	10-year risk <10% ^b	No target value: optimise lifestyle interventions	No target value				Mixed hyperlipidaemia TC >233mg/dl (6mmol/L), TG >177mg/dL (2mmol/L) Primary goal is to lower LDL-c and non-HDL-c to target levels. Secondary goal is to treat underlying disease.

General therapy recommendations: before starting pharmacological interventions, the lifestyle of the patient (activity, diet and body weight) should be accounted for and optimised. Exception: in secondary prevention; both pharmacological and lifestyle interventions should start at the same time.

Abbreviations

eGFR = estimated glomerular filtration rate, HDL = high density lipoprotein, LDL-c = low density lipoprotein-cholesterol, mg/dL = milligram per decilitre, ml/min = millilitre per minute, mmol/L = millimole per litre, TC = total cholesterol, TG = total triglycerides.

Notes

a = Previous myocardial infarction, ACS, coronary revascularization and other arterial revascularization procedures, stroke/transient ischemic attack, aortic aneurysm, peripheral arterial occlusive disease.

b = Absolute risk in%, a fatal coronary event or a non-fatal event within 10 years to have myocardial infarction.

c = Total of atherogenic lipoproteins.

3.3 Prevalence and burden of disease

Cardiovascular disease

CVDs are the leading cause of mortality globally. In 2016, an estimated 17.9 million deaths were attributed to CVDs, of which 2.6 million deaths were attributable to raised cholesterol. ^{18 19} Specifically, high cholesterol accounts for approximately one third of all ischaemic heart disease cases worldwide. ¹⁹ Raised cholesterol is a major cause of disease burden in developed and developing countries and its prevalence has remained fairly constant from 1980 – 2008. ¹⁹

In 2016, CVDs were responsible for 31% of deaths in Switzerland, representing the major cause of death in both males and females over 85 years old and the second most common leading cause of death between the ages of 65 to 84 years.²⁰⁻²²

High cholesterol

Approximately 20 per cent of participants in the 2007 Swiss Health survey self-reported high cholesterol levels²³ with significant differences found between regions.²⁴ Ticino and the western part of Switzerland (Leman) reported the highest prevalence (22.9% and 21.9% of surveyed individuals, respectively) with the eastern part of Switzerland reporting the lowest rate (16.2%). Of the participants reporting high cholesterol 40 per cent reported they received appropriate treatment. Again, treatment rates where highest in Ticino and the western part of Switzerland (Leman) and lowest in the eastern part of Switzerland.²⁴

In 2012, the prevalence of high cholesterol was similar – approximately 17 per cent of the sampled population. Notably, the prevalence was slightly higher among men than women (19% vs 16%) with the elderly (> 65 years) reporting the highest level of any age demographic.²⁵

Dyslipidaemias

The Swiss Health survey provided information regarding the prevalence of high cholesterol. There is relatively little information, however, evaluating specific lipid disorders in Switzerland. No studies evaluating the prevalence of non-familial hypercholesterolaemia or mixed/combined hyperlipidaemia in Switzerland have been identified. The following summary aims to provide an estimate of the prevalence of dyslipidaemias and familial hypercholesterolaemia in Switzerland:

• An evaluation of a nationwide primary care database (FIRE) and hospital discharge statistics (MEDSTAT) estimated approximately 3.7 per cent of Swiss women and 6.3 to 6.7 per cent of Swiss men have dyslipidaemia.²⁶ The authors noted the prevalence of this condition changes depending on the sub-population studied (for example, age and gender) and other factors such as lifestyle and other pre-existing conditions (such as smoking and diabetes).²⁶ ²⁷

- An evaluation of Swiss patients hospitalised with ACS determined 1.6 and 17.8 per cent had probable/definite and possible familial hypercholesterolaemia, respectively.²⁸
- A sample of the Swiss population determined 7 of the 2221 subjects had familial hypercholesterolaemia as inferred by mutations in the *LDLR*. This corresponded to a prevalence rate of 1/317 (0.3%).²⁹ The prevalence of familial hypercholesterolaemia due to all different genetic variants (*LDLR*, *PCSK9* and *APOB*) was 1/132 (0.7%).²⁹
- The prevalence of *APOB* mutations in Switzerland was 1/209 (0.5%) across a combined cohort of healthy volunteers (n = 728) and families with primary hypercholesterolaemia (n = 520).³⁰

More broadly, the prevalence of mixed/combined hyperlipidaemia, heterozygous and homozygous familial hypercholesterolaemia in Europe varies from 1:100, 1:200 to 1:500 and 1:500,000, respectively.¹⁴

3.4 Treatment pathway

3.4.1 Dyslipidaemia

The Swiss (Arbeitsgruppe Lipide und Atherosklerose [AGLA]) (Figure 1) and European (European Society of Cardiology and the European Atherosclerosis Society [ESC/EAS]) guidelines are fairly consistent with respect to the management of dyslipidaemias. 6 14 Both guidelines emphasise the role of risk calculators that utilise patient history and blood lipid levels to calculate an overall cardiovascular risk score. The corresponding risk level assists in determining the appropriate treatment approach (for further information on the risk calculator see AGLA 2019³¹). The European guidelines additionally emphasise the variability in the patient's response to lifestyle and pharmaceutical interventions and highlight that total risk reduction and treatment goals should be individualised in order to best achieve the desired outcomes.⁶ The guidelines are broadly applicable to individuals with hypercholesterolaemia or mixed/combined hyperlipidaemia who have or have not experienced ASCVD (i.e. high and low risk groups, respectively), noting the cardiovascular risk and respective treatment goals differ reflecting their risk category. Similarly, treatment goals may vary between certain types of familial hypercholesterolaemia. 6 14 The guidelines are not applicable for adolescents and children which require separate treatment management strategies - a discussion of which is beyond the scope of this report. The following recommendations represent the Swiss guideline (Figure 1) with additional information supplemented from the European guidelines.

Lifestyle interventions are the first-line treatment for the management of dyslipidaemias (including both familial and non-familial hypercholesterolemia) irrespective of risk level.⁶ ¹⁴ These consist of lipid lowering diets, increased physical activity, and the cessation of smoking. If patients do not achieve their

respective goals or are classified as very high, high or moderate-risk, statins are recommended.¹⁴ The response to statin treatment is often variable. Therefore, statin dosage is often titrated to the maximum tolerated dose before further treatments (such as fenofibrate) or higher potency statins are considered.⁶ The statin initially selected should largely reflect the patient's overall cardiovascular risk and their respective treatment goals.⁶ For patients with familial hypercholesterolaemia, LDL apheresis may additionally be considered at this stage. ⁶ ¹⁴

If patients do not reach their treatment goals, or are intolerant to statins, ezetimibe or ezetimibe-statin combination therapy is recommended.⁶ ¹⁴ ESC further suggests a bile acid sequestrant may be considered if patients do not reach their treatment goal, noting that the level of evidence and the class of recommendation is lower than for ezetimibe. Proprotein convertase subtilisin/kexin type 9 protein (PCSK9) inhibitors are recommended for patients with and without ASCVD, who are at very-high risk of not achieving their goals on a maximally tolerated dose of statin and ezetimibe.¹⁴ In Switzerland, PCSK9 inhibitors are restricted to adults with hypercholesterolaemia, and adults and adolescents with homozygous familial hypercholesterolaemia that have a high or very high cardiovascular risk despite the use of maximally tolerated lipid-lowering medication.³² Additionally, individuals must be intolerant to statins or have used the maximally tolerated dose of lipid-lowering therapy for at least 3 months.

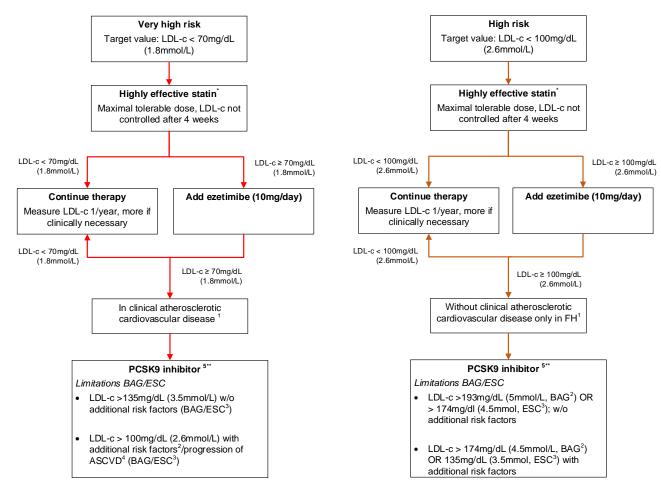


Figure 1 Clinical management pathway for dyslipidaemia (focus on hypercholesterolaemia) (AGLA)¹⁷

Abbreviations

ASCVD = atherosclerosis cardiovascular disease, **BAG** = Federal Office of Public Health, **ESC** = European Society for Cardiology, **LDL-c** = low density lipoprotein-cholesterol, **mg** = milligrams, **PCSK9** = proprotein convertase subtilisin/kexin type of the convertage of the conve

Notes

Moderate and low risk are not presented in the diagram however, they are summarised below.

Moderate risk: target value 116mg/dL (3mmol/L) LDL-c; treatments include lifestyle modification and statins.

Low risk: target values, none; treatments include lifestyle modification.

- * = Atorvastatin or Rosuvastatin.
- ** = Evolocumab or Alirocumab.
- **1** = Clinical atherosclerotic cardiovascular diseases (ASCVD): coronary heart disease (CHD), symptomatic peripheral atherosclerosis or ischemic stroke.
- 2 = Risk factors according to BAG: diabetes mellitus; Lipoprotein a >50 mg/dl; pronounced arterial hypertension; premature (men <55 years, women <60 years) clinically manifested familial atherosclerotic cardiovascular disease (ASCVD).
- 3 = Additional risk indicators according to the ESC: diabetes mellitus with end organ damage or another serious risk factor (e.g. increased blood pressure ≥160 / 100 mmHg); lipoprotein a>50 mg/dl; serious risk factors: smoking, pronounced hypertension; age> 40 years without therapy; early ASCVD (men <55 years; women <60 years) with first-degree relatives; imaging indicators (high-risk markers in coronary CT) for severe/extensive atherosclerosis; rapid progression of the ASCVD.
- **4** = Progression according to the BAG limitation: progressive clinical atherosclerotic cardiovascular disease (repeated acute coronary syndrome, myocardial infarction, stroke, or unplanned repeated coronary revascularization within 5 years of the first cardiovascular event).
- **5** = See FOPH limitation for the use of PCSK9 inhibitors on p. 33/34.

3.4.2 Statin intolerance

Statins are the principle treatment for the management of dyslipidaemia. However, approximately one to five per cent of patients are intolerant to statins at any dose, leading to discontinuation of the drug.
Statin non-adherence, poor compliance due to patient- physician- and medication-related factors, increases the risk of adverse cardiovascular events, specifically myocardial infarction or coronary heart disease (CHD) as their baseline cardiovascular risk remains untreated.
While there is no consensus regarding the definition of statin intolerance
AGLA defines it as the inability to take statins due to the statin-associated myopathy, liver damage or other adverse events.
The diagnosis of statin intolerance typically relies on the presentation of myopathy and/or an increase in creatinine kinase (CK) (a marker of muscle injury). Symptoms generally begin within the first four weeks of treatment (occurs rarely after >12 weeks) and resolve after stopping the statin. Resuming the statin results in the reoccurrence of symptoms within four weeks.

If there are no underlying causes contributing to statin intolerance, AGLA recommends starting another statin on the lowest recommended dosage and titrating up to the maximum tolerated dose. If the patient remains intolerant, non-statin treatments are recommended including fenofibrate, ezetimibe or PCSK9 inhibitors.¹⁴ For further information regarding clinical management of statin-intolerance refer to *Figure* 2.

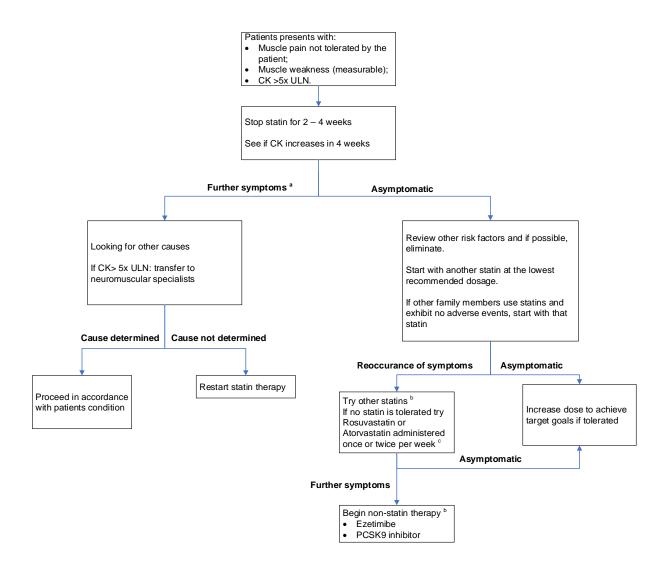


Figure 2 Clinical management pathway for statin intolerance (AGLA)¹⁴

Abbreviations

CK = creatinine kinase, **5x ULN** = 5 times the upper limit of normal, **PCSK9** = proprotein convertase subtilisin/kexin type 9. **Notes**

- **a** = Symptoms: clinical and / or CK increase.
- **b** = After discontinuation of statin therapy due to intolerance: washout phase for 2-4 weeks before starting the alternative statin or non-statin therapy. The choice of alternative therapy depends on baseline LDL-c and target goal.
- **c** = Statins are generally taken daily. If symptoms reoccur, the frequency of administration is reduced to once or twice per week.

4 Technology

4.1 Technology description

4.1.1 Medication description and availability in Switzerland

Ezetimibe is a cholesterol absorption inhibitor. Specifically, ezetimibe acts on the brush boarder cells of the intestine selectively inhibiting the cholesterol transport protein Nieman Pick C1 (NPC1L1).³⁷ Inhibition of NPC1L1 prevents the uptake of cholesterol-containing intestinal luminal micelles into enterocytes. This action reduces the amount of cholesterol delivered to the liver and effectively increases removal of LDL-c from the blood.³⁷

In Switzerland, ezetimibe exists as an individual medicine³⁸ ³⁹ or in fixed combination with statins including: simvastatin,⁴⁰ atorvastatin,⁴¹ and rosuvastatin.⁴² Ezetimibe is additionally licensed for free combinations with fenofibrate or other licensed statins (each drug is administered as a separate pill).³⁸ ³⁹ Generic ezetimibe medications are also available (see *Table 2* for further information).

Ezetimibe-containing medicines are indicated for primary hetero-and homozygous familial and primary non-familial hypercholesterolaemia, mixed/combined hyperlipidaemia, and homozygous sitosterolemia (phytosterolemia).³⁵ AGLA guidelines further suggest ezetimibe should be used as a second-line treatment in patients who have not reached their goal despite using the maximum tolerated dose of statins or in statin intolerant patients.¹⁴ For an overview of ezetimibe containing medications available in Switzerland, refer to *Table 2*. Non-ezetimibe components of combination therapies (i.e. statins, fibrates) are described further in *Section 4*.

Table 2 Key formulations of ezetimibe available in Switzerland

Name (manufacturer)	Active ingredient (dose) Administration	Indications	Contraindications	Limitations for reimbursement
Ezetimibe				
Ezetrol®, Ezetimibe MSD® (Merck Sharp & Dohme) Ezetimib Zentiva®	Ezetimibe (10mg) Available as a tablet taken once daily at any time regardless	Primary hetero- and homozygous familial and primary non- familial	Contraindicated in patients with hypersensitivity to ezetimibe or active	No limitations
(Helvepharm AG)	of food intake.	hypercholesterolaemia	liver disease.	
Ezetimib Spirig HC® (Spirig HealthCare AG)	The patient should follow a lipid-lowering diet while taking the medication.	Mixed/combined hyperlipidaemia Homozygous sitosterolemia	Not recommended in children under 10 years.	
	Can be taken with a statin or fenofibrate	(phytosterolemia) ^a		

Name (manufacturer)	Active ingredient (dose) Administration	Indications	Contraindications	Limitations for reimbursement
Ezetimib Sandoz® (Sandoz Pharmaceuticals AG) Ezetimib-Mepha Teva (Mepha Pharma AG) Ezetimib Axapharm (Axapharm AG) Ezetimibe + simvastatii	however, a combination with both statin and fenofibrate is not permitted.			
Inegy® (MSD Merck Sharp & Dohme) Ezetimib Simvastatin Zentiva® (Helvepharm AG) Ezetimib Simvastatin Sandoz® (Sandoz Pharmaceuticals AG) Ezetimib-Simvastatin-Mepha (Mepha Pharma AG) Ezetimib Simvastatin Axapharm (Axapharm AG)	Ezetimibe (10mg) + simvastatin (10, 20, 40 or 80mg) Available as a tablet taken once daily in the evening regardless of food intake. The patient should follow a lipid-lowering diet while taking the medication. The dosage is based on the individuals	Primary hetero- and homozygous familial Primary non-familial hypercholesterolaemia Mixed/combined hyperlipidaemia	Contraindicated in patients with hypersensitivity to ezetimibe or simvastatin; active liver disease (moderate to severe); are pregnant, breast feeding; or are using CYP3A4 inhibitors and gemfibrozil, cyclosporine or danazol. Not recommended for children or	No limitations
Ezetimib Simva Spirig HC® (Spirig HealthCare AG) Ezetimibe + atorvastati Atozet® (MSD Merck	baseline LDL-c levels, treatment goals and response to therapy. in Ezetimibe (10mg) +	Primary hetero- and	adolescent under 18 years. Should be used with caution in elderly patients (>65 years).	To reduce
Sharp & Dohme)	atorvastatin (10, 20, 40 or 80mg) Available as a tablet taken once daily regardless of the time of day and food intake. The patient should follow a lipid-lowering	homozygous familial Primary non-familial hypercholesterolaemia Mixed/combined hyperlipidaemia	patients with; hypersensitivity to ezetimibe or atorvastatin, active liver disease (moderate to severe); or are pregnant or breast feeding. Not recommended for children or	cardiovascular risk in the presence of a very high resp. high risk category (according to the AGLA risk category), if the corresponding LDL-c target values (70mg/dL [1.8 mmol/l] at very high risk or 97mg/dL [2.5

Name (manufacturer)	Active ingredient (dose) Administration	Indications	Contraindications	Limitations for reimbursement
	diet while taking the medication. The dosage is based on the individual's baseline LDL-c levels, treatment goals and response to therapy.		adolescent under 18 years. Should be used with caution in elderly patients (>65 years).	mmol/l] at high risk) were not reached under maximum tolerated statin therapy.
Ezetimibe + rosuvastat	in		I	1
Ezetimib- Rosuvastatin Mepha (Mepha Pharma AG)	Ezetimibe (10mg) + rosuvastatin (10 or 20mg) Available as a tablet taken once daily at the same time of day regardless of food intake. The patient should follow a lipid-lowering diet while taking the medication. The dosage is based on the individuals baseline LDL-c levels, treatment goals and response to therapy.	Indicated as a replacement therapy in adults receiving ezetimibe and rosuvastatin as separate tablets.	Contraindicated in patients with hypersensitivity to ezetimibe or rosuvastatin; are taking cyclosporin; have myopathy, active liver disease, renal impairment; or are pregnant or breast feeding. Not recommended for children or adolescent under 18 years. In the elderly (>65 years), fixed dose combination is not suitable as initial therapy.	Ezetimibe- rosuvastatin-Mepha is indicated as a replacement therapy in adult patients already receiving ezetimibe and rosuvastatin as separate tablets at the same dose level.

Abbreviations

LDL-c = low density lipoprotein-cholesterol, **mg** = milligram.

Notes

a = Ezetimibe is indicated for the treatment of non-familial and heterozygous familial hypercholesterolaemia (as monotherapy or in combination with a statin), and for homozygous familial hypercholesterolaemia in combination with a statin. It is also indicated for the treatment of mixed/combined hyperlipidaemia in combination with the fibrate fenofibrate and as mono-therapy for the treatment of homozygous sitosterolaemia.

4.1.2 Route of administration, dosage and treatment duration

Ezetimibe is prescribed by General Practitioners and Cardiologists and is administered as a fixed dose (10mg) irrespective of whether it is in a combination or by itself.^{38 40-42} For combination treatments the dose of the statin varies from 10 to 80mg for simvastatin and atorvastatin^{40 41} and 10 to 20mg for rosuvastatin.⁴² Ezetimibe tablets are taken once daily regardless of the time of day or food intake. It may be taken at the same time as fenofibrate or statins, however, a break of two to four hours is required before taking bile acid sequestrants.⁴³

Once consumed, ezetimibe is rapidly absorbed and metabolised to its active form ezetimibe-glucuronide, which has a half-life of approximately 22 hours.³⁷ ⁴⁴ There are no significant effects of sex or race on the pharmacokinetics of ezetimibe;⁴⁴ however, ezetimibe-statin combinations are not recommended in children, and caution should be taken when administering to older individuals (>65 years) owing to increased risk of myopathy.⁴⁰ ⁴² Further, no dose adjustments are required for ezetimibe or ezetimibe in combination with simvastatin or atorvastatin in patients with mild hepatic impairment or moderate renal insufficiency.⁴¹ ⁴²

It is unclear how long-term ezetimibe can or should be used for because contemporary guidelines do not mention prescription limitations, and there are few studies evaluating long-term risks associated with ezetimibe.⁴⁵

4.1.3 Adverse effects and contraindications

Adverse effects associated with ezetimibe are generally mild and self-limiting and include: abdominal pain, diarrhea, flatulence, headache and myalgia.³⁸ Uncommon adverse effects include but are not limited to: dyspepsia, cough, body aches, back pain, chest pain, joint pain, fatigue and weakness.^{38 40} Early reports observed an increased incidence of cancer associated with ezetimibe use⁴⁶; however, pooled data from three clinical trials noted the incidence of cancer was similar between ezetimibe and placebo.⁴⁷

There are two contraindications for ezetimibe: patients should not take the drug if they are hypersensitive to ezetimibe or have active liver disease.³⁸ Ezetimibe-statin combinations are associated with greater contraindications, for example, patients should not take these combinations if they are: taking gemfibrozil, cyclosporine or danazol or CYP3A4 inhibitors, have active liver disease or renal insufficiency, and are pregnant or breast feeding. Combination treatments are not recommended in children; however, it is unclear whether this is a contraindication.⁴⁰⁻⁴²

4.2 Alternative technologies

4.2.1 Lifestyle interventions

Patients with dyslipidaemia are advised to undertake lifestyle changes which include lipid-lowering diets, smoking reduction or cessation, and increased physical activity with the aim to reduce cardiovascular risk factors and prevent CVD. 48 49 Lifestyle interventions are considered a first-line treatment. If patients do not achieve their respective goals or are classified as very high, high or moderate-risk they are recommended for pharmacotherapy. Other possible treatments for these disorders are dietary supplements with fish oil, omega-3 fatty acids, and plant sterol-containing products. Fish oil supplementation has been shown to reduce triglycerides in adults; 50 51 however, there is limited evidence supporting the remaining supplements. 6 52

4.2.2 Statins

In addition to lifestyle changes, statins are often considered first-line treatment for primary dyslipidaemia and secondary prevention.⁶ ¹⁴ Statins inhibit the 3-hydroxy-3-methylglutaryl-coenzyme A (HMG-CoA) reductase, an enzyme involved in the synthesis of cholesterol. Inhibiting HMG-CoA reductase, and cholesterol biosynthesis, increases LDL receptor expression which promotes the uptake of cholesterol, thereby reducing circulating LDL-c.⁶ ⁵³ By lowering LDL-c concentrations, the rate of plaque formation is reduced, and the overall CVD risk is decreased. Despite being the most commonly prescribed treatment for dyslipidaemia, patients can present with statin intolerance and resistance. Statin medications can sometimes contain statin combined with another active ingredient such as ezetimibe (*Table 2*) or fibrates. Six statins are currently covered by Swiss mandatory health insurance of which three are additionally found in fixed combination with ezetimibe (atorvastatin, simvastatin and rosuvastatin). For the purposes of this evaluation, all statins licensed and reimbursed in Switzerland are of interest (see *Table 3* for further information).

Table 3 Formulations of statins available in Switzerland

Name/ manufacturer(s)	Active ingredient/ dose/ administration	Indications/applications	Contraindications/ recommendations
Atorvastatin 54 Axapharm AG, Drossapharm AG, Helvepharm AG, Mepha Pharma AG, Pfizer PFE, Sandoz Pharmaceuticals AG, Sandoz Pharmaceuticals AG, Spirig HealthCare AG and Streuli Pharma AG	Atorvastatinum 10, 20, 40 or 80mg/day Oral	Individuals with dyslipidaemia or primary hypercholesterolaemia (familial and non-familial) who have failed dietary interventions. Patients with existing, or at high risk of cardiovascular risk.	Patients who are hypersensitive to the active ingredient or any of the excipients; have active liver disease or unexplained persistent elevations of serum transaminases; or are pregnant and lactating.

Name/ manufacturer(s)	Active ingredient/ dose/ administration	Indications/applications	Contraindications/ recommendations
Fluvastatin 55 Mepha Pharma AG and Novartis Pharma Schweiz AG, Sandoz Pharmaceuticals AG	Fluvastatinum 20, 40 or 80mg/day Oral	Adults with coronary heart disease, mixed dyslipidaemia or primary hypercholesterolaemia who have failed dietary interventions. Males (9 – 16 years), and postmenarche females (10 – 16 years)	Patients who are hypersensitive to the active ingredient or any of the excipients; have active liver disease or unexplained persistent elevations of serum transaminases; or
		with familial hypercholesterolaemia.	are pregnant and lactating.
Pitavastatin ⁵⁶ Recordati AG	Pitavastatinum 1, 2 or 4mg/day Oral	Adults with mixed dyslipidaemia and primary hypercholesterolaemia who have failed dietary and other non-pharmacological interventions.	Patients who are hypersensitive to the active ingredient or any of the excipients; have active liver disease or unexplained persistent elevations of serum transaminases, myopathy; using cyclosporine; or are pregnant and lactating.
			It is not recommended for individuals under 18 years.
Pravastatin 57 Bristol-Meyers Squibb SA, Axapharm AG, Daiichi Sankyo AG, Drossapharm AG, Helvepharm AG, Mepha Pharama AG, Sandoz Pharmaceuticals AG, Spirig HealthCare AG,	Pravastatinum natricum 10, 20 or 40mg/day Oral	Individuals with primary hypercholesterolaemia, combined hyperlipidaemia, coronary heart disease, angina pectoris or postmyocardial infarction.	Patients who are hypersensitive to the active ingredient or any of the excipients; have active liver disease or unexplained persistent elevations of serum transaminases; or are pregnant and lactating.
Steuli Pharma AG			It is not recommended in children under the age of 8
Rosuvastatin ⁵⁸ AstraZeneca AG Axapharm AG, Drossapharm AG Helvepharm, Sandoz Pharmaceuticals AG, Spirig HealthCare AG, and Mepha Pharma AG	Rosuvastatinum 5, 10 or 20mg/day Oral	Adults with mixed dyslipidaemia, primary hypercholesterolaemia or who are at high cardiovascular risk	Patients who are of Asian descent or hypersensitive to the active ingredient or any of the excipients; have hereditary muscle diseases, muscular toxic complications from statins, active liver disease or unexplained persistent elevations of serum transaminases, moderate renal impairment, hypothyroidism, alcohol abuse, myopathy; using cyclosporine or fibrates; or are pregnant and lactating.
			It is not recommended in children under the age of 10.

Name/ manufacturer(s)	Active ingredient/ dose/ administration	Indications/applications	Contraindications/ recommendations
Simvastatin 59 Helvepharm AG, Mepha Pharma AG, MSD Merck Sharp & Dohme AG, Sandoz Pharmaceuticals AG and Spirig HealthCare AG	Simvastatinum 10, 20, 40 or 80mg/day Oral	Patients with dyslipidaemia and primary hypercholesterolaemia who have failed dietary interventions. Patients with existing, or at high risk of coronary heart disease.	Patients who are hypersensitive to the active ingredient or any of the excipients; have active liver disease or unexplained persistent elevations of serum transaminases; using CYP3A4 inhibitors, gemfibrozil, cyclosporine or danazol; or are pregnant and lactating.

Abbreviations

mg = milligrams.

4.2.3 Fibrates

Peroxisome proliferator-activated receptors (PPAR) are nuclear receptors that regulate the expression of specific genes by binding to response elements present within the promoter region of the target genes.^{60 61} Fibrates are agonists of the PPAR-α and regulate steps involved with lipid and lipoprotein metabolism. Consequently, fibrates lower lipoprotein levels, triglycerides and triglyceride-rich lipoprotein remnant particles.^{60 61}

Fibrates are generally well tolerated by most patients, with less than two and five per cent of users reporting skin rashes and gastrointestinal incidents⁶². However, fibrates are also associated with several serious adverse effects, the most common being myopathy, liver-enzyme elevations and cholelithiasis (gallstone formation).⁶²

• Several fibrate medications are available in Switzerland. Of relevance to the scoping report is Lipanthyl® 200M/267M (Mylan Pharma GmbH), a fibrate medication containing fenofibratum. The typical starting dose for this medication is 200mg daily (one tablet). Lipanthyl® is contraindicated in cases of hepatic issues, pancreatitis, kidney failure and gallbladder issues. 63 It is currently reimbursed by the mandatory health insurance.

4.2.4 Other treatments

Non-statin therapies, apart from ezetimibe, include bile acid sequestrants, PCSK9 inhibitors, lomitapide, mipomersen, n-3 fatty acids, nicotinic acid and cholestoryl ester transfer protein inhibitors.⁶ ¹⁴ Bile acid sequestrants, mipomersen, nicotinic acid and cholestoryl ester transfer protein inhibitors, lomitapide and PCSK9 are either not widely used in Switzerland, have limited efficacy or are considered third-line treatments.⁶ ¹⁴ ⁶⁴ Consequently, these drugs will not be included as comparators and will not be discussed further in this report.

5 PICO

5.1 Population

The study populations of interest reflect the Swiss context in which ezetimibe is used. Specifically, trial populations from European countries (i.e. Western populations) evaluating ezetimibe for primary hypercholesterolaemia or mixed/combined hyperlipidaemia with or without ASCVD will be prioritised during study selection. Western populations from non-European countries will additionally be considered noting their applicability to the Swiss context may vary.

The population includes patients with primary (hetero- and homozygous familial and non-familial) hypercholesterolemia and mixed/combined hyperlipidaemia (ICD-10 codes E78.0, 78.4 and 78.5 for pure hypercholesterolaemia, other and unspecific hyperlipidaemia, respectively). Given ezetimibe is currently reimbursed without restriction in Switzerland, no limitations will be placed in terms of type, duration, severity of hypercholesterolaemia or hyperlipidaemia, or cardiovascular risk category.

In Switzerland, ezetimibe is not recommended for use in children under the age of 10.³⁵ However, the drug is considered safe to use in older children and adolescents, noting clinical experience is limited to homozygous familial hypercholesterolaemia. By contrast, combination regimes including ezetimibe plus atorvastatin, simvastatin or rosuvastatin are not recommended for individuals under the age of 10.⁴⁰⁻⁴² Further, the pharmacokinetics of these drugs differ in the elderly (> 65 years) compared to younger patients.³⁸ Given the uncertainty and potentially different response in these age groups, subgroup analysis evaluating the elderly, children and adolescents will be performed in the HTA phase if there are suitable number of studies.

Statin intolerance increases the risk of cardiovascular events such as myocardial infarction and CHD compared to individuals who are successfully treated with statins.³⁴ ³⁵ These two populations have different cardiovascular risk profiles and require different treatment management strategies and respond differently to lipid-lowering medication.³⁶ Therefore, these two populations will be investigated in subgroup analyses to determine whether their response to ezetimibe differs.

The AGLA guideline stratifies patients based on their overall cardiovascular risk as determined by age, blood pressure, smoking status, the presence of diabetes, ASCVD and familial cardiac events (for example, myocardial infarction) as well as LDL, HDL and triglyceride levels. ¹⁷ Patients stratified into very high, high, moderate and low risk categories have different cardiovascular risk and consequently, their treatment management strategies and goals also differ. Therefore, where applicable, very high, high, moderate and low risk populations will undergo subgroup analysis to determine whether their response to ezetimibe differs.

It is unlikely there will be specific studies stratifying patients based on risk scores (specifically AGLA). In the absence of specific cardiovascular risk scores, sub-group analysis will be conducted to investigate whether treatment outcomes differ between patients with and without pre-existing ASCVDs (secondary and primary prevention populations, respectively). Patients with pre-existing ASCVDs (i.e. secondary prevention population) represent a population with a high cardiovascular risk. These patients have already experienced an adverse cardiac event and therefore have a greater cardiovascular risk and require different treatment strategies/goals compared to patients who do not have ASCVDs (i.e. primary prevention population). 65 66 Patients without ASCVDs are likely to have a lower cardiovascular risk. While these two groups may not necessarily reflect AGLA-specific groups, they provide value information regarding high and low-risk patients, respectively. In Switzerland, the product information sheet for ezetimibe containing medicines do not specify whether they are indicated for secondary prevention.

5.2 Intervention

The technology under investigation is ezetimibe alone or in combination (fixed or free) with a statin or fenofibrate. In Switzerland, there are four ezetimibe containing medicines registered, these include: ezetimibe, ezetimibe with simvastatin, ezetimibe with atorvastatin and ezetimibe with rosuvastatin (*Table 2*). Ezetimibe is available in 10mg tablets taken once daily. A Statins are administered in fixed or free combination with 10mg of ezetimibe. The dose of concomitant statins varies and can be increased reflecting the individual's response. For example, when added to ezetimibe, simvastatin and atorvastatin have doses ranging from 10mg to 80mg. Rosuvastatin is dosed between 10mg to 20mg. The differing doses reflect the different class and potency of the statins, with rosuvastatin exhibiting the greatest reduction in LDL-c compared to atorvastatin and simvastatin. Consequently, subgroup analysis will be used to determine the relative effectiveness between classes of statins (as inferred by their metabolic pathways) used in conjunction with ezetimibe. In addition to these combinations, therapeutic regimes combining ezetimibe to fenofibrate will also be included.

5.3 Comparator

The EAS/ESC and AGLA guidelines recommend statins as the primary medication for patients with dyslipidaemias who have a moderate, high or very high cardiovascular risk.⁶ Failure to achieve the desired LDL-c goal despite using the highest tolerated dose necessitates changing the type of statin or adding ezetimibe followed by a PCSK9 inhibitor.⁶ ¹⁴ PCSK9 inhibitors are the last-line treatment for primary and secondary prevention and strictly limited in reimbursement.¹⁴ ⁶⁴ Consequently, they are excluded from the report. Fenofibrate is an additional comparator given it is prescribed in (free) combination with ezetimibe. Other medications such as niacin, bile acid sequestrants and n-3 fatty acids are not reported in the AGLA guidelines and are therefore excluded.

Placebo or active comparator trials provide the most informative evidence regarding the efficacy of ezetimibe. By contrast, trials conducted in a real-world setting will provide evidence regarding the effectiveness of ezetimibe.

5.4 Outcomes

5.4.1 Efficacy and effectiveness outcomes

5.4.1.1 Critical

Major adverse cardiovascular events (MACE) is a composite endpoint of clinical events reflecting both safety and effectiveness outcomes, and is recommended as the primary efficacy outcome by the European Medicines Agency (EMA) for trials investigating treatments of lipid disorders. There is no standardised definition of MACE and different definitions can lead to different conclusions. In this instance, the EMAs recommendation for MACE will be utilised which encompasses cardiovascular mortality, non-fatal stroke and non-fatal myocardial infarction. The individual events forming MACE will be included and reported/analysed separately as well. Decreasing the risk and incidence of MACE would reflect improved survival and potentially quality of life. In addition to MACE, non-cardiovascular mortality, hospitalisation for unstable angina and coronary revascularisation will also be considered.

Health-related quality of life is a self-reported assessment of the individuals physical and mental health. The SF-12 or 36 and the EuroQoL-5D (EQ-5D) are commonly used measures evaluating quality of life. These tools require patients to self-asses their current status across multiple dimensions including mobility, self-care, usual activities, pain/discomfort and anxiety/depression. Any health-related quality of life measure will be considered.⁷⁰⁻⁷²

5.4.1.2 Important

Total cholesterol, triglycerides, HDL and LDL-c are lipid or lipoproteins and are surrogate markers used to infer cardiovascular risk. Swiss¹⁴, European⁶ and American guidelines⁷³ utilise lipid and lipoprotein levels as treatment targets and goals and delineate risk categories for primary and secondary prevention. No minimally important clinical differences were identified for these markers.

LDL-c is a measure of blood cholesterol and Apo-B⁶, a lipoprotein involved in lipid deposition and the progression of atherosclerotic plaques.² Multiple studies have demonstrated a relationship between changes in LDL-c and cardiovascular risk and mortality.^{74 75} Consequently, most clinical guidelines used LDL-c levels as a measure to determine overall cardiovascular risk and set treatment goals.^{6 31} For example, AGLA recommends target goals for very high, high and moderate risk groups are 70, 100 and 115mg/dL, respectively.^{14 76} However, there is conjecture regarding the role of LDL-c in atherosclerosis

and recent publications highlight a lack of association between LDL-c and mortality in specific groups.⁷⁷⁻
⁷⁹ Consequently, the EMA recommends LDL-c as a suitable primary efficacy outcome for hypercholesterolaemia provided the medication's claims are limited to their lipid lowering effect.⁶⁸

HDL is a measure of a variety of lipoproteins (most notable ApoA) and cholesterol.⁶ HDL is involved in reverse cholesterol transport and is therefore thought to play an important role in prevention of atherosclerosis.⁸⁰ HDL is inversely associated with cardiovascular risk however, a causal relationship between HDL and atherosclerosis has not been established.⁶ Contemporary guidelines, including AGLA, do not have treatment goals associated with HDL and the EMA suggests HDL should only be viewed in conjunction with other non-HDL cholesterol markers to determine the efficacy of lipid-lowering drugs.⁶⁸

Triglycerides are a measure of circulating fat which are typically carried throughout the body in lipoproteins.⁸¹ Triglycerides are associated with an increased risk of CVD and are routinely used in clinical risk calculators;³¹ however, the association between triglycerides and CVD is minimal after adjusting for non-HDL-c (an estimate of all Apo-B-containing lipoproteins).⁸¹⁻⁸⁴ This reflects the hypothesis that the cholesterol component of triglyceride rich lipoproteins are responsible for atherosclerosis and CVD, rather than triglycerides themselves.⁸¹ Like HDL, the EMA recommends triglycerides should be viewed in conjunction with other non-HDL cholesterol to determine the efficacy of lipid-lowering drugs.⁶⁸

Total cholesterol is a composite measure of LDL-c, HDL and other lipid components. Total cholesterol levels are associated with the risk of developing CVD in adults and is therefore included in risk calculators. ^{31 85 86} However, guidelines recommend total cholesterol should only be viewed in the context of other lipoprotein markers or when those markers are unavailable.

Vascular damage, as inferred by narrowed blood vessels or increased atherosclerotic plaque size are markers of atherosclerosis progression. These pathological changes are typically measured using imagining techniques such as intravascular ultrasound (IVUS) and magnetic resonance imaging.⁶⁸ Importantly, vessel width (generally, intima media thickness measurement) and plaque volume as measured using these techniques correlate with end-point cardiovascular events such stroke, heart disease and death;⁸⁷ however, it is unclear whether imaging of vascular damage is limited to research settings or if it is utilised in clinical practice.

For efficacy- and effectiveness-related outcomes, RCTs, non-randomised controlled trial (non-RCTs), cohort studies, case series and pharmacovigilance/insurance databases are eligible for inclusion. RCTs will be prioritised over other levels of evidence. In the absence of, lower levels of evidence will be considered. The minimum length of follow-up is 12 months for efficacy and effectiveness-related studies.

5.4.2 Safety

5.4.2.1 Critical

Withdrawal or discontinuation due to adverse events or serious adverse events are the critical safety outcomes. These outcomes reflect the principle that patients should not be harmed in the process of treating their illness. In this context, a serious adverse event is characterised as an event that is life-threatening, requires hospitalisation, is disabling or permanently damaging, requiring intervention, causes death, or any other event deemed serious by the study investigators. While the definition of serious may vary according to the study investigators, it is inappropriate to retrospectively apply the International Council for Harmonisation of Technical Requirements for Pharmaceutical for Human Use guidelines to the studies given adverse events are often under-reported and lack detail. Therefore, any adverse events noted as serious by the study investigators will be included.

5.4.2.2 Important

Biochemical markers of liver or muscle injury and treatment compliance are important safety outcomes. Liver dysfunction and myalgia are relatively common adverse events experienced by patients taking statins, and often contribute to their discontinuation.⁸² Consequently, routine monitoring of liver and muscle biomarkers is recommended. For liver dysfunction alanine aminotransferase (ALT) and aspartate aminotransferase (AST) are the most common measures. Creatine kinase (CK) is an indicator of muscle damage.

Treatment compliance, as assessed by pill counts, is the degree to which the patient adheres to the treatment regimen. Noncompliance is considered an important indicator of adverse events or negative attitude towards the therapy.⁹⁰

For safety-related outcomes, RCTs, non-RCTs, cohort studies, case series and pharmacovigilance/insurance databases are eligible for inclusion. There is no minimum follow-up duration for safety-related studies.

5.5 PICO-Box

Table 4 Study selection criteria

P:

- 1. Patients who have primary (hetero- and homozygous familial and non-familial) hypercholesterolaemia with or without pre-existing ASCVD.
- 2. Patients who have mixed/combined hyperlipidaemia with or without pre-existing ASCVD.

Sub-groups: Children and adolescents, elderly (> 65 years), sex and individuals with diabetes, metabolic syndrome or statin-intolerance, AGLA risk categories, primary and secondary prevention populations.

Exclusion: Predominantly Asian, African and Latin-American populations.

I & C: 1. Intervention: Ezetimibe monotherapy

Comparator: Placebo, statin or fenofibrate

Intervention: Ezetimibe in combination with any statin licensed in Switzerland (fixed or free)

Comparator: Statin, statin plus placebo

3. Intervention: Ezetimibe in combination with fenofibrate (fixed or free)

Comparator: Fenofibrate, fenofibrate plus placebo

Sub-groups for intervention: ezetimibe in combination with atorvastatin, fluvastatin, pitavastatin, pravastatin, simvastatin or rosuvastatin.

Sub-groups for comparators: atorvastatin, fluvastatin, pitavastatin, pravastatin, simvastatin or rosuvastatin.

Exclusion criteria: niacin, n-3 fatty acids, bile sequestrants, cholesteryl ester transfer protein inhibitors, LDL apheresis, lomitapide and mipomersen, PCSK9 inhibitor.

O: Efficacy/effectivenessa:

Critical outcomes

- Major adverse cardiovascular events (defined as non-fatal stroke, non-fatal myocardial infarction and cardiovascular mortality)
 - Non-fatal myocardial infarction^b
 - Non-fatal ischaemic stroke
 - Cardiovascular mortality
- Non-cardiovascular mortality
- Coronary revascularisation
- Hospitalisation for unstable angina
- · Health-related quality of life

Important outcomes

- Change in LDL-c concentration
- Change in HDL concentration
- Change in triglyceride concentration
- Change in total cholesterol concentration
- Vascular damage

Safety^c:

Critical outcomes

- Severe treatment-related adverse events
- Withdrawal (i.e. treatment cessation) due to adverse events

Important outcomes

- · Biochemical markers of liver or muscle injury
- Treatment compliance

Exclusion criteria: Non-invasive imaging techniques detecting plaque burden, artery calcification or narrowing.

E: Economic outcomes

- Costs
- Cost-effectiveness/utility
- Projected budgetary impact

Abbreviations

ACS = acute coronary syndrome, ASCVD = atherosclerotic cardiovascular disease, HDL = high density lipoprotein; LDL-c = low-density lipoprotein cholesterol, PCSK9 = proprotein convertase subtilisin/kexin type 9, RCTs = randomised controlled trials

Notes

- **a** = Efficacy and effectiveness studies require a minimum follow-up period of at least 12-months.
- **b** = MACE will be evaluated as a composite outcome. In addition, the individual outcomes will be analysed separately.
- **c** = Safety outcomes have no minimum follow-up period.

6 HTA key questions

For the evaluation of the technology the following key questions covering the central HTA domains, as designated by the EUnetHTA Core Model (clinical effectiveness, safety, costs, cost-effectiveness, budget impact, legal, social, ethical and organisational aspects), are addressed:

- Are ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies
 effective/efficacious compared to placebo, fenofibrate or statin monotherapy?
- 2. Are ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies safe compared to placebo, fenofibrate or statin monotherapy?
- 3. What are the costs associated with ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies?
- 4. How cost-effective are ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies compared to placebo, fenofibrate or statin monotherapy?
- 5. What is the budget impact of limiting the indication for reimbursement for ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies?
- 6. Are there legal, social or ethical issues related to limiting the indication for reimbursement for ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies?
- 7. Are there organisational issues related to limiting the indication for reimbursement for ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies?

6.1 Additional question(s)

In addition to the key questions for the HTA report, the additional sub-questions from the EUnetHTA Core Model will be investigated:

- 1. Safety: Are the harms related to dosage or frequency of ezetimibe monotherapy, ezetimibestatin and ezetimibe-fenofibrate combination therapies? (Element ID C0002)
- Effectiveness: Will limiting the indication for reimbursement of ezetimibe monotherapy, ezetimibe-statin and ezetimibe-fenofibrate combination therapies modify the need for hospitalisation? (Element ID D0010)
- Resource utilisation: How do ezetimibe monotherapy, ezetimibe-statin and ezetimibefenofibrate combination therapies modify the need for other technologies and use of resources? (Element ID D0023)
- 4. *Ethics*: What are the ethical consequences of the choice of endpoints, cut-off values and comparators/controls in the assessment? (F0017)

- 5. *Ethics*: Are there any ethical problems related to the data or the assumptions in the economic evaluation? (Element ID F0102)
- Organisational: What kind of patient/participant flow is associated with limiting the indication for reimbursement for ezetimibe monotherapy, and ezetimibe-statin and ezetimibe-fenofibrate combination therapies to specific sub-groups? (Element ID G0100)

7 Methodology literature search

7.1 Databases and search strategy

A systematic literature search for the efficacy, effectiveness, safety, cost-effectiveness and budgetary impact of ezetimibe-containing medicines was conducted in eight biomedical databases (PubMed, Embase, Cochrane Library, CINAHL, York Centre for Reviews and Dissemination, EconLit, CEA Register and ETHMED (up to September – December 2019). In addition, the websites for HTA agencies were searched to identify relevant HTA reports that included cost-effectiveness analysis (CEA). Search terms consisted of a combination of key words and medical subject headings (MeSH) relating to ezetimibe. The full search strategy for each database is reported in *Appendix A: Sources of Literature* (databases). Search filters were applied to limit the results to humans and exclude conference abstracts. All languages were screened by title and abstract. However, the study selection was limited to English, French or German languages. Relevant studies in additional languages were identified to estimate the likelihood of language bias in the search results.

Study selection was conducted in duplicate by two authors. Both authors independently reviewed all records by title and abstracts, and then full text. Title and abstract selection were conducted using Rayyan software (QCRI, Hamad Bin Khalifa University). Differences in study selections were settled via consensus at each stage of the selection process. During the full-text screen, studies with a predominant Asian, African Central and South American trial population were excluded as they do not reflect the Swiss context and they have different cardiovascular risk profiles compared to Western populations. Studies were considered eligible if they met the PICO criteria and were an RCT, non-RCTs, cohort study, case series or pharmacovigilance/insurance databases. Further, for efficacy and effectiveness studies, a minimum follow-up period of at least 12 months was required. There was no minimum follow-up period for safety outcomes. For economic studies, studies evaluating cost, cost-effectiveness/utility, or projected budgetary impact were considered eligible. Studies addressing any legal, social, ethical or organisational issue associated with ezetimibe were additionally included.

7.2 Other sources

Ongoing or unpublished clinical trials were searched in five clinical trial databases (ClinicalTrals.gov, Cochrane Central Register of Controlled Trials, EU Clinical Trials Registry, World Health Organization International Clinical Trials Registry Platform, Current Controlled Trials MetaRegister and Australian New Zealand Clinical Trials Registry). For the list of ongoing clinical trials refer to *Appendix D: List of ongoing clinical trials*.

Targeted keyword searches for literature related to the social, legal, ethical and organisational domains were conducted in the grey literature, administrative and industry-specific websites outlined in *Appendix*A.

8 Synthesis of evidence base

8.1 Overall search results

The results of the systematic literature searches are presented in *Figure 3*. Databases searches and pearling of relevant studies identified 14,003 studies. After removal of duplicates, 9,824 studies were reviewed by title and abstract, of which 245 were reviewed by full-text. A total of 96 studies met the inclusion criteria for the report of which: 76 studies evaluated clinical outcomes; 12 studies evaluated economic outcomes; and 8 studies evaluated ethical, legal, organisational or social issues.

All the clinical studies were RCTs of which 70 were original studies and 6 were extensions trials. Ezetimibe was studied as an individual medicine or in fixed/free combination (with a statin or fenofibrate) in 16 and 73 studies, respectively (noting 13 studies assessed both forms).

Twelve studies performing economic analysis were considered relevant, with most studies performing Markov models and reporting cost per QALY gained. Eight studies evaluating the ethical, social or organisational issues were identified and considered relevant to the scoping report.

The included studies are as follows:

Efficacy

 7 RCTs compared ezetimibe (in combination with a statin or fenofibrate) to statins or fenofibrate

Effectiveness

o 0 RCTs compared ezetimibe (in combination or by itself) to statins or fenofibrate

Safety

 76 RCTs compared ezetimibe (in combination or by itself) to statins, fenofibrate, or placebo

Economic

o 12 Economic analysis studies

· Ethical, legal and social

- 1 Ethical study (1 commentary)
- o 0 Legal
- 6 Social studies (4 surveys and 2 analyses of registries)

Organisational

1 Organisational study (1 analysis of databases)

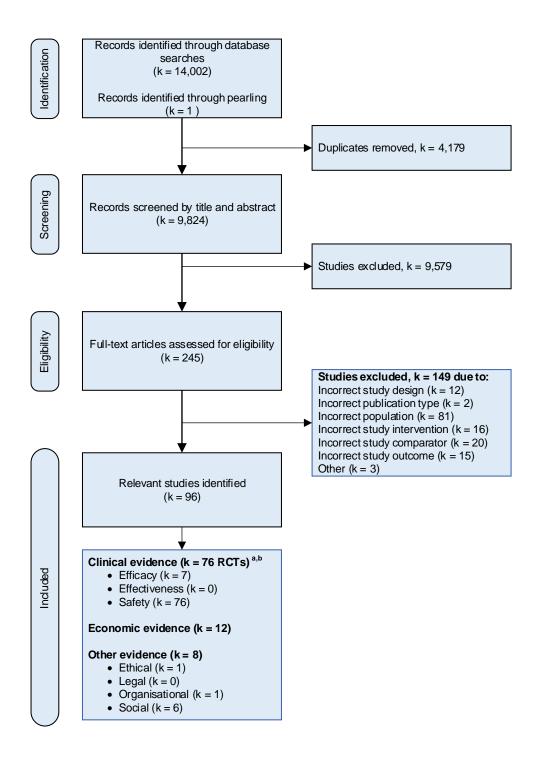


Figure 3 PRISMA flow chart for study inclusion

Abbreviations

RCT = randomised controlled trial.

Notes

a = For the scoping report only RCT data is presented, however, lower levels of evidence will not necessarily be excluded from the HTA phase.

b = A total of 76 clinical studies (RCTs) were included: 7 studies considered efficacy outcomes, 76 considered safety outcomes. Seven studies reported both safety and efficacy data.

8.2 Evidence base pertaining efficacy, effectiveness and safety

The evaluation of the overall effectiveness of the technology encompasses its efficacy, its effectiveness and its safety.

- Efficacy is the extent to which a specific health technology produces a beneficial, reproducible result under study conditions compared with alternative technologies (internal validity).
- Effectiveness is the extent to which a specific health technology, when applied in real world circumstances in the target group, does what it is intended to do for a diagnostic or therapeutic purpose regarding the benefits compared with alternative technologies (external validity).
- Safety is a judgement of the harmful effects and their severity using the health technology.
 Relevant adverse events are those that result in death, are life-threatening, require inpatient hospitalisation or cause prolongation of existing hospitalisation (serious adverse events) and those that occur repetitively and the most frequent (highest rate).

8.2.1 Search results

Overall, 76 RCTs were included, of which 70 were original studies and 6 were extensions trials. Given that the extension studies were conducted in the same location and contained all, or part, of the original trial's population, their characteristics (except for outcomes) will not be discussed below to prevent double-counting of the evidence base.

The included studies were predominately multicentre trials (k = 53) conducted in Europe (k = 39) or North America (k = 36). Several multicentre trials (predominately in Europe or North America) also included study locations in Africa, Asia, Australia or South America (k = 9). While the latter countries are unlikely to be representative of the Swiss population, they were part of larger international trials which pooled results across European and non-European countries. No study was fully conducted in Switzerland. Two international multicentre trial had centres in Switzerland, however, the exact location was not reported. There were 25 studies which were fully or partially conducted in central/western European countries including Austria, Belgium, Croatia, France, Germany, Poland and The Netherlands. It is likely the population in these studies are more generalizable to the Swiss context than trials outside this region.

8.2.2 Evidence table

A detailed extraction table reporting the characteristics of identified studies, including the extension trials are outlined in *Appendix B: Characteristics of included trials*, *Table 27* and *Table 28*.

8.2.3 Findings regarding efficacy, effectiveness and safety

Ezetimibe was studied primarily in the context of primary hypercholesterolaemia, undefined dyslipidaemia/hypercholesterolaemia and CHD (k = 17, 12 and 12, respectively). Patients with hypercholesterolaemia or dyslipidaemia typically required LDL-c levels between 130 - 200mg/dL and triglycerides below 400mg/dL in order to be eligible for the study. In contrast, the LDL-c requirement for patients with CHD was generally lower (100 - 160mg/dL) likely reflecting their increased risk or treatment Patient populations with elevated cholesterol, achievable goals. hypercholesterolaemia, mixed/combined hyperlipidaemia and dyslipidaemia were infrequently studied patient populations (k = 10). As were patients with CVD, ACS, myocardial infarction, recent vascular surgery, aortic stenosis and peripheral artery disease (k = 11). Three trials studied ezetimibe in specific patient populations - children⁹⁴, adolescents⁹⁵ and individuals aged greater than 65 years.⁹⁶ The median sample size of all trials was 366, ranging from 18 to 18,114.

Ezetimibe was administered in tablet form by itself, or in combination with a statin or fenofibrate. The dose of ezetimibe was fixed (10mg) across all studies; however, the dose of the combined statin varied from 10 to 80mg. Fenofibrate was dosed between 145 - 200mg. More studies evaluated ezetimibe in combination with statins (k = 61) than in combination with fenofibrate (k = 4) or ezetimibe alone (k = 19). Ezetimibe combined with simvastatin (k = 36) was the most frequently studied combination, noting the dose of simvastatin ranged from 10 to 80mg. Other ezetimibe-statin combinations including: rosuvastatin, fluvastatin and pravastatin were infrequently studied (k = 10). Five studies did not specify the type of statin in combination with ezetimibe.

The median follow-up time for safety and efficacy studies was 12 weeks ranging from 1 week to 7 years with most studies having follow-up times less than a year. Consequently, there are relatively few trials with sufficient follow-up duration assessing efficacy outcomes (k = 7) – noting the median sample size for efficacy studies are 262 patients.

The critical safety outcomes; adverse events, and withdrawals due to adverse events were the most frequently reported outcome (k = 74 and 72, respectively). Important safety outcomes; tolerability, and biochemical adverse events, were reported in 67 and 34 studies, respectively. The median length of follow up for safety studies was 12 weeks, ranging from 1 - 2 weeks to 7 years (depending on the outcome).

Total cholesterol, LDL-c and HDL levels (important outcomes) were the most frequently studied efficacy outcomes (k = 7 for each outcome). Four studies reported the critical efficacy outcome MACE and three studies evaluated the important outcome, vascular damage. No study reported health-related quality of life. The median length of follow up for efficacy outcomes is one year. However, the range differed

considerably: one to seven years. A summary of the number of studies reporting safety, efficacy and effectiveness outcomes per population is provided in *Table 5*.

Table 5 Number of studies identified for the relevant outcomes

Outcome	All populations Median (range)
Efficiency	median (range)
Efficacy	
MACE	k = 4
	Follow-up = 1.5yrs (1 – 7yrs)
Cardiovascular mortality	k = 5
	Follow-up = 1yr (1 – 7yrs)
Stroke	k = 3
	Follow-up = 2yrs (1 – 7yrs)
Myocardial infarction	k = 3
	Follow-up = 2yrs (1 – 7yrs)
Coronary revascularisation	k = 2
·	Follow-up = 4.5yrs (2 – 7yrs)
Hospitalisation for unstable angina	k = 2
	Follow-up = 4yrs (1 – 7yrs)
Non-cardiovascular mortality	k = 5
	Follow-up = 1yr (1 – 7yrs)
Health related quality of life	k = 0
HDL	k = 7
	Follow-up = 1yr (1 – 7yrs)
LDL-c	k = 7
	Follow-up = 1yr (1 – 7yrs)
Total cholesterol	k = 7
	Follow-up = 1yr (1 – 7yrs)
Total triglycerides	k = 6
	Follow-up = 1yr (1 – 7yrs)
Vascular damage	k = 3
	Follow-up = 1yr (1 – 2yrs)
Safety	
Withdrawal due to adverse events	k = 72
	Follow-up = 12wks (2wks – 7yrs)
Adverse events	k = 74
	Follow-up = 12wks (1wks – 7yrs)
Biochemical marker of liver or muscle damage	k = 67
	Follow-up = 12wks (2wks – 7yrs)
Treatment compliance	k = 34
	Follow-up = 12wks (4wks – 2yrs)

Abbreviations
k = number of studies, wks = weeks, yrs = years.

8.2.4 Quality of evidence assessment

Most trials were double-blinded (k = 59), with few single-blind (k = 4) and open label (k = 9) studies. Four trials did not report blinding information. It is worth noting many studies utilized a 'wash-out' (a period where the subject tapers of existing medication and starts on the study-designated statin/fenofibrate) followed by a single-blind lead in period in which the participant started a specific diet, discontinued their existing medication and started on the placebo or a background drug. Following this period, the intervention and comparator medication were administered in a double-blind manner. Blinding is pertinent for subjective outcomes such adverse events to ensure that the effect estimates are unbiased. A full investigation of risk of bias will be conducted in the HTA report, using the Cochrane Risk of Bias tool for RCTs version 2.0.

8.3 Evidence base pertaining to costs, cost-effectiveness and budget impact

8.3.1 Search results

A total of 26 studies identified in the systematic literature searches were reviewed by full-text for relevancy. The study selection focused on evaluations which were in line with the PICO, and priorities were given to studies which investigated populations from Europe or North America. Studies modelled in Asian, African and South American populations were treated with lower priorities due to the potential differences in how statin and ezetimibe are metabolised in those populations, cardiovascular disease risk, medical practice patterns, and pricing structures. 91-93 Also, studies including non-relevant drugs and regimens such as PCSK9 inhibitors were excluded. As the result of the full-text study selection, 12 studies were considered relevant and the remaining 14 studies were excluded.

8.3.2 Evidence table

A detailed extraction table reporting the characteristics of the included studies are outlined in *Table 29* (*Appendix C*).

8.3.3 Findings regarding costs, cost-effectiveness and budget impact

Statin regimen variations

Among the 12 relevant studies, 2 compared ezetimibe (as a monotherapy or combination therapy) to no treatment¹⁰⁶ ¹⁰⁷ and 10 compared ezetimibe (as a monotherapy or in combination with a statin) to a satin.⁹⁷⁻¹⁰⁵ ¹⁰⁸ The statin regimens included atorvastatin, cerivastatin, fluvastatin, lovastatin, pravastatin,

rosuvastatin and simvastatin, in dosages variations ranging from 5mg up to 120mg. Two studies among this group did not specify statin regimens in detail.¹⁰⁰ ¹⁰⁷

Table 6 provides an overview of the type and dose of the statins utilised across the included trials. Importantly, all trials compared statins to ezetimibe in fixed combination or by itself. The colour in each cell reflects the number of studies evaluating the specific statin regime; the darker the cell colour the more studies evaluating that particular dose and type of statin. The most common regimens include the atorvastatin in 20mg (9 studies) and 40mg (8 studies) and simvastatin in 20mg (6 studies) and 40mg (8 studies). The most commonly evaluated dosages for all statins were 10mg, 20mg and 40mg.

Table 6 Number of studies evaluating statins by type and dose

# of studies	5 mg	10 mg	20 mg	30 mg	40 mg	50 mg	60 mg	80 mg	120 mg
Atorvastatin		7	9	1	8	1	1	6	
Simvastatin		5	6	1	8	1	1	5	1
Rosuvastatin	2	4	5		3			1	
Pravastatin		3	3		3		1	1	
Lovastatin		1	2		2		1	1	1
Fluvastatin			2		2			1	
Cerivastatin*			1		1		1	1	

Notes

Economic evaluation: Perspectives

The economic evaluations mostly took a healthcare payer's perspective. Four studies explicitly evaluated the health economic outcome of ezetimibe at the government and health system level. 98 100 104 107

Economic evaluation: Populations in the studies

Regarding the modelled populations, most of the studies investigated patients at high-risk for cardiovascular conditions. The selection criteria were broadly in line with the population in the PICO. A history of CHD was used to select patients in seven studies, ⁹⁸⁻¹⁰¹ ¹⁰⁴ ¹⁰⁵ ¹⁰⁷ with one study requiring patients to be hospitalised due to an ACS event. ¹⁰⁴ Two studies investigated patients who were statin intolerant or contraindicated to statins as the eligibility to ezetimibe. ⁹⁷ ¹⁰⁶ One study reported that patients would receive ezetimibe plus statin as a combination therapy if they could not achieve an LDL-c therapeutic goal pre-specified by a guideline program. ¹⁰³ The remaining studies (k = 2) did not have specific eligibility requirements. ¹⁰² ¹⁰⁸ Therefore, four studies (1 for ACS hospitalisation requirement, 1 for statin failure and 2 for intolerance) performed an economic evaluation exclusively on the restricted population proposed in the policy question for this review.

^{* =} The regimen for cerivastatin was mg divided by 10.

Economic evaluation: Modelling techniques and uncertainty reduction

Most of the included studies were published in 2010 or earlier, with only two exceptions conducted in 2017⁹⁹ and in 2015.¹⁰¹ As most of the studies were model-based economic evaluations (except one study using an unconventional "treat-to-target" method to accrue effects and costs)¹⁰³, long-term extrapolations were a shared feature where all extrapolations projected the disease process to a life-time. Five studies also did step evaluations where the cost-effectiveness at shorter time horizons were also produced, ranged from a short 2-year follow-up, up to 45-year extrapolations.¹⁰⁶ ¹⁰⁷ ¹⁰⁰ ⁹⁸ ⁹⁷

Most of the included studies used similar modelling techniques. Cost and effectiveness in the long-term were accrued via Markov state transition models in all except two studies. One study performed the economic evaluation using actuarial methodologies only targeting survived patients. This could be considered as a dual state-transition model only with alive and dead states. The other did not use a modelled technique to evaluate the health economic outcome between statins and ezetimibe. Annual costs were calculated based on a clinical endpoint and compared between statin regimens and the combination therapy of statin plus ezetimibe.

Among the studies that did use state-transition models for their economic evaluations, a common set of health states were shared across the included studies. It included myocardial infarction, angina, stroke, peripheral artery diseases, heart failures and transient ischaemic attacks. Some of the events can be fatal, hence the corresponding cause-specific death states were also introduced. The number of health states ranged from 4 to 28 depending on the modelling approach. Nevertheless, three health states mentioned above (myocardial infarction, angina and stroke) were the most commonly incorporated in their model structure. *Table 7* summarises the key health states used among the included studies.

Table 7 Summary of modelling information from the included studies

Model type	CUA and CEA
Modelling techniques	State transition Markov models
Common health state	Myocardial infarction, angina (stable or non-stable), stroke, peripheral arterial disease, heart failure and transient ischaemic attack
	Also including cause-specific and non-cause specific death
Quality of life measures	Commonly by EQ-5D, but some not specified
Primary outcomes	Incremental cost per quality of life gained for CUA
	Incremental cost per life year gained for CEA
Sensitivity analysis	Common targets including drug costs, comparative clinical effectiveness estimates (e.g. risk ratios for cardiovascular disease), utilities and discount.
	Probabilistic sensitivity analysis was used to elicit parameter uncertainties in some studies

Abbreviations

CUA = cost-utility analysis, **CEA** = cost-effectiveness analysis.

To explore the uncertainties of the modelling results, all the included studies performed sensitivity analysis using parameter variabilities (e.g. confidence intervals or standard deviations) or scenario

analyses. The common variables targeted by sensitivity analyses included drug costs (both statin and ezetimibe), baseline risk of CVD, relative reduction in CHD risk between statin and combination therapy (statin plus ezetimibe) and discount rates, which also varied at the base-case from 3% to 6%. Probabilistic sensitivity analyses and cost-effectiveness acceptability curves were also produced in three studies to facilitate understanding of the parameter uncertainties. 105-107

Economic evaluation: Cost

Costs included in the economic evaluations can be categorised into three groups: i) medication costs, ii) costs of medical services related to the prescription of drugs and the management of relevant clinical events, and iii) costs involved in managing adverse effects due to the use of different drugs. Among the included studies, these costs were either identified from publicly available sources such as government information outlets (e.g. reimbursement pricing for drugs and services) or retrieved from private sources including pricing provided by pharmaceutical companies and the current market price.

Economic evaluation: Outcome

Incremental cost per quality of life gain was the primary outcome in nine studies, ⁹⁷ ⁹⁹⁻¹⁰² ¹⁰⁴⁻¹⁰⁷ of which EQ-5D was the quality of life measure in five. ⁹⁷ ⁹⁹ ¹⁰⁵⁻¹⁰⁷ The other four studies did not report the specific quality of life measure used in their model. Survival-specific outcomes, including cost per life year gained via the calculation of potential years of life lost, were also considered by six studies; ⁹⁷ ⁹⁸ ¹⁰⁰ ¹⁰¹ ¹⁰³ ¹⁰⁸ two of these examined the cost per life year gained as their exclusive economic outcomes without considering quality of life measures. ⁹⁸ ¹⁰⁸ One study also investigated cost per percentage reduction of LDL-c as the economic outcome in addition to the evaluation of costs on survival benefits. ¹⁰³

Summary

Although many relevant studies were identified that compared the cost-effectiveness of ezetimibe and its comparator, the applicability of these studies to Swiss context is limited. None of the studies conducted the economic evaluations in the context of Swiss health system. Systemic differences in how drugs are priced as well as how services were accrued could be different compared to other health systems. Therefore, the outcome of the economic evaluations from the included studies are unlikely to be transferable. The populations modelled in the included studies were broadly in line with the PICO criteria proposed in this scoping report but lack the specific characteristics proposed in the policy question (see **Section 1**). Finally, the studies were relatively old with most of them conducted more than 10 years ago. More up-to-date clinical and cost data are available that may alter the results of the existing models, especially given the publication of the largest RCT to date in 2015.⁴⁵

8.4 Evidence base pertaining to ethical, legal and social issues

8.4.1 Evidence table

The systematic literature search identified limited evidence regarding ethical, legal and social issues associated with ezetimibe. Relevant studies are summarised in *Table 8*.

Table 8 List of included studies evaluating ethical, legal and social issues

Author year	Study type	Outcomes
Location		
Patient and social issues		
Krempf 2015 ¹⁰⁹ 29 countries	Survey of physicians	Factors affecting physician's treatment recommendations for hypercholesterolaemia.
Kwok 2016 ¹¹⁰ United Kingdom	Survey of physicians	Knowledge and adherence of guidelines and treatment recommendation for familial hypercholesterolaemia.
Setia 2015 ¹¹¹ Singapore	Survey of physicians	Knowledge and adherence of guidelines and treatment recommendation for atherosclerotic cardiovascular disease.
Tokgozoglu 2016 ¹¹² Turkey	Survey of patients	Identification of factors that influence adherence and discontinuation of lipid-lowering therapy.
Umeda 2019 ¹¹³ Japan	Analysis of national pharmacy claims database	Identification of patient demographic factors that influence adherence and discontinuation of lipid-lowering therapy.
Wallach-Kildemoes 2015 ¹¹⁴ Denmark	Analysis of national prescription registry	Identification of patient demographic factors that influence the utilisation of lipid-lowering therapies.
Ethical issues		
Greenland 2008 ¹¹⁵	Commentary	Highlights the influence on perceived conflict of interests on trial outcomes.

8.4.2 Findings regarding legal, social and ethical issues

Legal issues

No studies were identified addressing legal issues associated with ezetimibe.

Patient and social issues

Six studies evaluating patient or social perspectives were identified. The studies were from Denmark, Japan, Singapore, Turkey, the UK and the USA and consequently their applicability to Switzerland is uncertain. Three studies sought to determine the influence of patient and physician factors on clinical decision making for hypercholesterolaemia¹⁰⁹⁻¹¹¹ and three studies aimed to identify sociodemographic factors influencing the initiation, adherence and discontinuation of ezetimibe. ¹¹² ¹¹³ ¹¹⁴

Ethical issues

One commentary was identified highlighting ethical issues associated with publication, media interpretation and perceived conflicts of interest associated with the ENHANCE trial.¹¹⁵ While this is set in an American context, many of the issues discussed are likely relevant to a Swiss context.

8.5 Evidence base pertaining to organisational issues

8.5.1 Evidence table

The systematic literature search identified limited evidence regarding legal, social and ethical issues associated with ezetimibe. Relevant studies are summarised in *Table 9*.

Table 9 List of included studies evaluating organisational issues

Author year Location	Study type	Outcomes
Alsabbagh 2013 ¹¹⁶	Analysis of provincial health administrative databases	Use and cost of ezetimibe as first and second-line treatments over time.

8.5.2 Findings regarding organisational issues

One study was identified evaluating the inappropriate utilization of ezetimibe in Saskatchewan, Canada. The study examined the prevalence and cost of using ezetimibe as a first and second-line treatment (against current recommendations). This study may have implications for Switzerland if ezetimibe is not restricted to specific indications. No other organisational issues were identified.

9 Feasibility HTA

Overall evidence base

This scoping review has identified a large body of evidence evaluating the safety, and moderate body of evidence evaluating the efficacy of ezetimibe. There is sufficient evidence to conduct a meta-analysis comparing ezetimibe in combination with statins to statins for the critical and important safety and efficacy outcomes. Further, there is sufficient evidence to meta-analyse safety outcomes comparing ezetimibe to placebo. There is, however, insufficient evidence to meta-analyse non-statin medications (fenofibrate), or health-related quality of life. Where applicable, these results will be described narratively.

There is insufficient evidence from pragmatic RCTs to evaluate effectiveness; the HTA will need to include non-randomised study designs for the evaluation of effectiveness.

Economic evaluation

A moderate volume of existing economic evaluations of ezetimibe were identified. The generalisability of the existing economic studies is limited, but the existing models provide sufficient information and guidance on which structural elements should be considered for a new economic model. Further, sufficient clinical data have also been identified to support the construction of an independent health economic evaluation. Therefore, it is likely to be feasible to construct a Swiss-specific health economic model to update the cost-effectiveness of ezetimibe fitting the current PICO. Budget impact analysis will investigate the impact of restricting the reimbursement indications for ezetimibe on the Spezialitätenliste.

Social, legal, ethical and organisational evaluation

Limited evidence was identified for organisational, legal, social and ethical issues. An additional nonsystematic search will be conducted at the HTA phase to ensue all appropriate literature has been identified.

Additional considerations

There are two ongoing clinical trials which may change the evidence base in the near future:

- NCT03044665, is comparing rosuvastatin to rosuvastatin with ezetimibe for patients with CVD.
 The trial is actively recruiting an anticipated 3,780 participants. The primary efficacy outcome is
 MACE at 3 years. The estimated completion date is February 2023.
- 2014-001069-28, is comparing omega-3 supplements compared to statin (with or without ezetimibe). The trial aims to recruit 13,000 patients with hypertriglyceridemia (a form of dyslipidaemia). The primary efficacy outcome is MACE at 5 years. The estimated completion

date is August 2020. It is important to note, it is unclear whether the study will stratify patients by ezetimibe use, thereby providing additional relevant information.

For further information pertaining to clinical trials refer to *Table 30*.

Conclusion

There is sufficient evidence to undertake a full HTA on the efficacy, safety and economic and budgetary impact of ezetimibe.

10 Outlook

Clinical Evaluation

Where there is sufficient data, the clinical evaluation will include a meta-analysis of published RCTs comparing ezetimibe (in combination or alone) to statins, placebo, or fenofibrate. Where sufficient data is available, subgroup analysis will include:

- statin intolerant vs statin naïve patients
- sex (male vs female)
- at risk patients (children, adolescent and elderly, individuals with diabetes or metabolic syndrome)
- risk categories as specified by AGLA
- risk of bias parameters
- primary and secondary prevention

Where there is insufficient data to perform at meta-analysis, a narrative description of the studies will be performed. If gaps in the evidence base are identified, specifically regarding long-term safety and effectiveness data, lower levels of evidence will be considered (i.e. non-RCTs, cohort and case-control studies).

The populations proposed by the applicant – i.e. i) patients taking statin monotherapies that do not reach proposed LDL targets ii) cannot tolerate high statin monotherapy doses and iii) patients that were hospitalised due to acute coronary syndrome (ACS) – will be addressed through sub-group analysis, where data is available. In the absence of direct evidence, the generalisability/applicability of the broader evidence based to the specific populations will be narratively described to infer the effectiveness and safety of ezetimibe.

Economic Evaluation

If an economic evaluation were to proceed, a de novo evaluation would be required because of the limitations in the existing economic evaluations identified in **Section 8.2**. Abundant literature and established models are available to inform the general modelling approach. A previous post-market review on ezetimibe conducted by the Pharmaceutical Benefits Scheme in Australia in 2017 also provided important assessment on the performance of various economic models, as well as eluded the key driver of the cost-effectiveness outcome. While the Australian study had investigated some key areas of uncertainties from their included models the safety and effectiveness evidence base will be reassessed to potentially increase certainty around model assumptions in the context of Swiss health

system. A classification matrix covering outcomes of clinical safety and effectiveness will be used to determine the type of economic evaluation to be conducted (*Table 10*).

Table 10 Classification of economic evaluation types

	Comparative effectiveness					
		Inferior	Uncertain ^a	Non-inferior ^b	Superior	
safety	Inferior	Health forgone: need other supportive factors	Health forgone possible: need other supportive factors	Health forgone: need other supportive factors	? Likely CUA	
Comparative saf	Uncertain ^a	Health forgone possible: need other supportive factors	?	?	? Likely CEA/CUA	
	Non- inferior ^b	Health forgone: need other supportive factors	?	CMA	CEA/CUA	
	Superior	? Likely CUA	? Likely CEA/CUA	CEA/CUA	CEA/CUA	

Abbreviations

CEA = cost-effectiveness analysis, **CMA** = cost-minimisation analysis, **CUA** = cost-utility analysis.

Notes

b = An adequate assessment of 'non-inferiority' is the preferred basis for demonstrating equivalence

Inputs for the potential economic evaluation will be obtained through a range of sources. The most up-to-date clinical data produced from the systematic review would be ideal to populate the de novo model. Relevant costs will be sourced from the Swiss Tarif System TARMED for outpatient care, diagnosis-related groups (DRGs) for inpatient care, and the Speciality List (Spezialitätenliste) for pharmaceutical interventions. Clinical expert advice will be sought if information cannot be identified through published sources. Key assumptions, particularly those sought from clinical advice, would be investigated via sensitivity analysis. It is likely that this model is to be conducted in TreeAge. To suit the Swiss context, EQ-5D is likely to be used to quantify HRQoL (if CUA is warranted) where Swiss mapping would be sought with priority.

Social, Legal, Ethical, Organisational Issues

Key social, legal, ethical and organisational issues will be summarised narratively based on published literature only. Where appropriate information cannot be identified through systematic searches of the literature, the evaluation will highlight key uncertainties around these domains.

^{? =} reflects uncertainties and any identified health trade-offs in the economic evaluation, as a minimum in a cost-consequences analysis;

a = Uncertainty covers concepts such as inadequate minimisation of important sources of bias, lack of statistical significance in an underpowered trial, detecting clinically unimportant therapeutic differences, inconsistent results across trials, and trade-offs within the comparative effectiveness and/or the comparative safety considerations;

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12 Appendix A: Sources of Literature (databases)

Table 11 Databases searched and number of search results

Source	Location	Search results
PubMed	https://www.ncbi.nlm.nih.gov	2616
Embase	https://www.embase.com/	8285
The Cochrane Library (inc. CENTRAL)	https://www.cochranelibrary.com/	1696
CINAHL	https://www.ebscohost.com/nursing/products/cinahl-databases/cinahl-complete	1339
York CRD (inc. HTA, NHS EED, DARE)	https://www.crd.york.ac.uk/CRDWeb/	40
CEA Registry	http://healtheconomics.tuftsmedicalcenter.org/cear4/home.aspx	15
Econlit	https://www.aeaweb.org/econlit/	1
ETHMED	http://www.ethicsweb.eu/search_ets	10
	Total	14002

Table 12 Search strategy – Ovid/Embase [Inception to 31st December 2019]

Number	Query	Results
1	Ezetimib*.mp.	10963
2	Ezetrol.mp.	254
3	Zetia.mp.	387
4	SCH?58235.mp.	5
5	'58235, SCH'.mp.	5
6	SCH58235.mp.	0
7	'Niemann Pick C1 like 1 protein inhibitor'.mp.	3
8	'NPC1L1 inhibitor'.mp.	27
9	Atozet.mp.	5
10	Inegy.mp.	96
11	Vytorin.mp.	467
12	ezetimibe/	9645
13	1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12	10979
14	limit 13 to human	9671
15	limit 14 to (conference abstracts and conference abstract status and conference abstract)	1093
16	limit 14 to conference paper	188
17	limit 14 to conference review	5
18	14 not (15 or 16 or 17)	8385

Table 13 Search strategy – Medline [Inception to 31st December 2019]

Number	Query	Results
1	Ezetimib*	3362
2	Ezetrol	3356
3	Zetia	3359
4	SCH?58235	3356
5	'58235, SCH'	1
6	SCH58235	3355
7	Niemann Pick C1-like 1 protein inhibitor	87
8	NPC1L1 inhibitor	113
9	Atozet	1
10	Inegy	549
11	Vytorin	575
12	Ezetimibe[Mesh]	2062
13	((((((((((((((((((((((((((((((((((((((3384
14	Filters human	2616

Table 14 Search Strategy – Cochrane [Inception to 31st December 2019]

Number	Query	Results
1	Ezetimib*	1686
2	Ezetrol	37
3	Zetia	28
4	SCH?58235	2
5	'58235, SCH'	16
6	SCH58235	3
7	'Niemann pick C1 like 1 protein inhibitor'	3
8	'NPC1L1 inhibitor'	5
9	Atozet	0
10	Inegy	13
11	Vytorin	96
12	MeSH descriptor: [Ezetimibe] explode all trees	737
13	#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8 OR #9 OR #10 OR #11 OR #12	1696

Table 15 Search strategy – CINAHL [Inception to 31st December 2019]

Number	Query	Results
1	Ezetimib*	1086
2	Ezetrol	4
3	Zetia	18
4	SCH?58235	0
5	'58235, SCH'	3
6	SCH58235	429
7	'Niemann pick C1-like 1 protein inhibitor'	296
8	'NPC1L1 inhibitor'	3
9	Atozet	0
10	Inegy	3
11	Vytorin	71
12	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11	1339

Table 16 Search Strategy – York CRD (including DARE, NHS EED, HTA) [Inception to 31st December 2019]

Number	Query	Results
1	Ezetimibe	35
2	Ezetrol	3
3	Zetia	1
4	SCH?58235	0
5	58235, SCH	0
6	SCH58235	0
7	Niemann Pick C1-like 1 protein inhibitor	0
8	NPC1L1 inhibitor	0
9	Atozet	0
10	Inegy	1
11	Vytorin	0
	Total	40

Table 17 Search strategy – Ethicsweb [Inception to 9th November 2019]

No.	Query	Results
1	Ezetimibe	8
2	Ezetrol	1
3	Zetia	1
4	SCH?58235	0
5	'58235, SCH'	0
6	SCH58235	0
9	Atozet	0
10	Inegy	0
11	Vytorin	0
	Total	10

Table 18 Search strategy – CEA Registry [Inception to 23rd September 2019]

Number	Query	Results
1	Ezetimibe	14
2	Ezetrol	0
3	Zetia	0
4	SCH?58235	0
5	58235, SCH	0
6	SCH58235	0
7	Niemann–Pick C1-like 1 protein inhibitor	0
8	NPC1L1 inhibitor	0
9	Atozet	0
10	Inegy	0
11	Vytorin	1
	Total	15

Table 19 Search strategy – Econlit [Inception to 23rd September 2019]

Number	Query	Results
1	Ezetimibe	1
2	Ezetrol	0
3	Zetia	0
4	SCH?58235	0
5	'58235, SCH'	0
6	SCH58235	0
7	'Niemann-Pick C1-like 1 protein inhibitor'	0
8	NPC1L1 inhibitor	0
9	Atozet	0
10	Inegy	0
11	Vytorin	0
12	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7 OR S8 OR S9 OR S10 OR S11	1

Table 20 HTA agency websites

HTA Websites	
International	
National Information Centre of Health Services Research and Health Care Technology (NICHSR)	https://www.nlm.nih.gov/nichsr/db.html
National Library of Medicine Health Services/Technology Assessment Texts (HSTAT)	https://www.ncbi.nlm.nih.gov/books/NPBK16710/
International Information Network on New and Emerging Health Technologies (EuroScan International Network)	https://www.euroscan- network.global/index.php/en/47-public- features/761-database-home
Australia	
Adelaide Health Technology Assessment (AHTA)	https://www.adelaide.edu.au/ahta/pubs/
Centre for Clinical Effectiveness, Monash University	http://monashhealth.org/health-professionals/cce/
Centre for Health Economics, Monash University	https://www.monash.edu/business/che
National Health and Medical Research Council	https://www.nhmrc.gov.au/
Australian Safety and Efficacy Register of New Interventional Procedures—Surgical (ASERNIP-S)	https://www.surgeons.org/research-audit/research-evaluation-inc-asernips
Australia & New Zealand	
Health Technology Reference Group (HTRG)	http://www.coagcouncil.gov.au/
Austria	
Institute of Technology Assessment / HTA unit	https://www.oeaw.ac.at/ita/publikationen/
Ludwig Boltzmann Institute for Health Technology Assessment (LBI-HTA)	https://hta.lbg.ac.at/page/publikationen/en
Gesunheit Österreich GmbH (GÖG)	http://www.goeg.at
Hauptverband der Österreichischen Sozialversicherungsträger (HVB)	http://www.sozialversicherung.at
University for Health Sciences, Medical Informatics and Technology	https://www.umit.at
Argentina	
Institute for Clinical Effectiveness and Health Policy (IECS)	http://www.iecs.org.ar
Belgium	
Scientific Institute of Public Health (IPH)	https://www.wiv-isp.be/en
Belgian Health Care Knowledge Centre (KCE)	http://kce.fgov.be
Rijksinstituut voor Ziekte- en Invaliditeitsverzekering (RIZIV-INAMI)	https://www.inami.fgov.be/
Bulgaria	
National Center of Public Health Analyses (NCPHA)	https://www.ncpha.government.bg
Brazil	
National Committee for Technology Incorporation (CONITEC)	http://www.conitec.gov.br/
Canada	
Institute of Health Economics (IHE)	http://www.ihe.ca
Institut National d'Excellence en Santé et en Services (INESSS)	https://www.inesss.qc.ca/en/home.html
Alberta Heritage Foundation for Medical Research (AHFMR)	http://www.ahfmr.ab.ca/

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Institute of Pharmaceutical Research and Technology (IFET)	http://www.ifet.gr/english_site/
National and Kapodistrian University of Athens (EKAPTY-NKUA)	http://www.phs.uoa.gr/
National Evaluation Centre of Quality and Technology in S.A-EKAPTY	http://www.ekapty.gr/
National Organization for Medicines (EOF)	http://www.eof.gr
National Organisation for Healthcare Provision (EOPYY)	http://www.eopyy.gov.gr
Onassis Cardiac Surgery Centre (OCSC)	http://www.onasseio.gr/
Hungary	
Health Services Management Training Center (SU)	http://www.semmelweis.hu/emk/en/
National Institute of Pharmacy and Nutrition (NIPN)	http://www.ogyei.gov.hu/main_page/
Ireland	
Health Information and Quality Authority (HIQA)	http://www.hiqa.ie
National Centre for Pharmacoeconomics, St James Hospital (NCPE)	http://www.ncpe.ie
Korea	,
National Evidence-based healthcare Collaborating Agency (NECA)	www.neca.re.kr/eng
Luxembourg	1
Inspection Générale de la Sécurité Sociale (IGSS), Cellule d'Expertise Médicale (CEM)	http://www.mss.public.lu/publications/index.html
Malaysia	1
Health Technology Assessment Section, Ministry of Health Malaysia (MaHTAS)	http://www.moh.gov.my
Malta	1
Directorate for Pharmaceutical Affairs (DPA/MoH Malta)	http://www.health.gov.mt/en/pharmaceutical/Pages/pharmaceutical-affairs.aspx
Mexico	
Centro Nacional de Excelencia Tecnológica en Salud (CENETEC)	www.cenetec.gob.mx
Norway	
Norwegian Knowledge Centre for the Health Services	https://www.fhi.no/sys/ks/
Norwegian Institute of Public Health (NIPH)	http://www.fhi.no
The Netherlands	
Erasmus Universiteit Rotterdam (EUR)	http://www.eur.nl/
Health Council of the Netherlands (Gezondheidsraad)	https://www.gezondheidsraad.nl/
The Netherlands Organisation for Health Research and Development (ZonMw)	http://www.zonmw.nl
Zorginstituut Nederland (ZIN)	https://www.zorginstituutnederland.nl/
Utrecht University (UU)	http://www.uu.nl
Norway	
The Norwegian Institute of Public Health (NIPHNO)	http://www.fhi.no/
Norwegian Directorate of Health (Hdir)	http://helsedirektoratet.no/english
Norwegian Medicines Agency (NOMA)	
	http://www.legemiddelverket.no
Poland	http://www.legemiddelverket.no

Agency for Health Technology Assessment and Tariff System (AOTMiT)	http://www.aotm.gov.pl
Portugal	
Administração Central do Sistema de Saúde, I.P. (ACSS IP)	http://www.acss.min-saude.pt
National Authority of Medicines and Health Products (INFARMED)	http://www.infarmed.pt
Republic of China, Taiwan	
Center for Drug Evaluation (CDE)	http://www.cde.org.tw
Romania	
Babes-bolayi University, Cluj School of Public Health (UBB)	http://publichealth.ro/
Institutu National De Sanatate Publica (INSP/NIPHB)	http://www.inspo.gov.ro
National School of Public Health, Management and Professional Development (NSPHMPDB)	http://www.snspms.ro
Singapore	
Agency for Care Effectiveness (ACE)	http://www.ace-hta.gov.sg/
Slovakia	
Comenius University in Bratslava (UniBA FOF)	https://uniba.sk/en/
Ministry of Health of the Slovak Republic (MoH Slovak Republic)	http://www.health.gov.sk
Slovenia	
Ministry of Health of the Republic of Slovenia (MoH Slovenia)	http://www.mz.gov.si/en/
National institute of Public Health (NIJZ)	http://www.nijz.si
Public Agency of the Republic of Slovenia for Medical Products and Medical Devices (JAZMP)	http://www.jazmp.si/en/
South Africa	
Charlotte Maxeke Research Consortium (CmeRC)	http://www.cmerc.org
Spain	
Agencia Española de Medicamentos y Productos Sanitarios (AEMPS)	http://www.aemps.gob.es
Agencia de Evaluación de Tecnologias Sanitarias, Instituto de Salud "Carlos III" I / Health Technology Assessment Agency (AETS)	http://publicaciones.isciii.es/
Agency for Health Quality and Assessment of Catalonia (AquAS)	http://aquas.gencat.cat
Andalusian HTA Agency	http://www.aetsa.org/
Basque Foundation for Health Innovation and Research (BIOEF)	http://www.bioef.org/
Basque Office for Health Technology Assessment (OSTEBA)	http://www.euskadi.eus/web01-a2ikeost/en/
Catalan Agency for Health Technology Assessment (CAHTA)	http://www.gencat.cat
Directorate General for Pharmacy and Health Care Products (DGFPS MSPSI)	website not provided
Evaluation AND Planning Unit – Directorate of the Canary Islands Health Service (SESCS)	http://www.sescs.es
Fundación Canaria de Investigación Sanitaria (Funcanis)	http://www.funcanis.org/
Fundacion Profesor Novoa Santos (AVALIA FNS)	http://www.fundacionprofesornovoasantos.org/es/
Fundación Pública Andaluza Progreso y Salud (FPS)	http://www.juntadeandalucia.es/fundacionprogreso ysalud/
Galician Agency for Health Technology Assessment (AVALIA-T)	http://acis.sergas.es

	T
Health Sciences Institute in Aragon (IACS)	http://www.iacs.es/
The Instituto De Salud Carlos III (AETS-ISCIIIS)	http://www.eng.isciii.es
Sweden	
Center for Medical Health Technology Assessment	http://www.cmt.liu.se/?l=en≻=true
Dental and Pharmaceutical Benefits Agency (TLV)	http://www.tlv.se
Medical Products Agency (MPA)	http://www.lakemedelsverket.se
Swedish Council on Technology Assessment in Health Care (SBU)	http://www.sbu.se/en/
Switzerland	
Swiss Federal Office of Public Health (SFOPH)	http://www.bag.admin.ch/hta
Swiss Network on Health Technology Assessment (SNHTA)	http://www.snhta.ch/
Tunisia	
INEAS – National Authority for Assessment and Accreditation in Healthcare, TUNISIA	http://www.ineas.tn/fr
United Kingdom	
All Wales Therapeutics and Toxicity Centre (AWTTC)	http://awttc.org
Health Information Quality Authority (HIQA)	http://www.hiqa.ie
Healthcare Improvement Scotland (HIS)	http://www.healthcareimprovementscotland.org
National Health Service Health Technology Assessment (UK) / National Coordinating Centre for Health Technology Assessment (NCCHTA)	https://www.nihr.ac.uk/funding-and- support/funding-for-research-studies/funding- programmes/health-technology-assessment/
NHS Quality Improvement Scotland	http://www.nhshealthquality.org/
National Institute for Clinical Excellence (NICE)	http://www.nice.org.uk/
Health Technology Wales (HTW)	http://www.healthtechnology.wales
National Institute for Health Research (NIHR), including HTA programme	http://www.nets.nihr.ac.uk/programmes/hta
United States	
Agency for Healthcare Research and Quality (AHRQ)	https://www.ahrq.gov/research/findings/index.html
Harvard School of Public Health	http://www.hsph.harvard.edu/
Institute for Clinical and Economic Review (ICER)	http://www.icer-review.org/
Institute for Clinical Systems Improvement (ICSI)	http://www.icsi.org
Minnesota Department of Health (US)	http://www.health.state.mn.us/
Office of Health Technology Assessment Archive (US)	http://ota.fas.org/
U.S. Blue Cross / Blue Shield Association Technology Evaluation Center (Tec)	https://www.bcbs.com/news/press-releases/blue- cross-blue-shield-association-launches-evidence- street-website-streamline
Veteran's Affairs Research and Development	http://www.research.va.gov/default.cfm
Technology Assessment Program (US)	
Ukraine	
Department of HTA at the State Expert Centre of the Ministry of Health (SEC)	website not provided
Uruguay	
Health Assessment Division, Ministry of Public Health, (HAD)	http://www.msp.gub.uy

Table 21 Patient/social and ethical databases

Clinical trial registries	
Psychinfo	https://www.apa.org/pubs/databases/psycinfo/
ETHMED	http://www.ethicsweb.eu/search_ets

Table 22 Clinical trial registries

Clinical trial registries	
ClinicalTrials.gov	https://clinicaltrials.gov/
Cochrane Central Register of Controlled Trials	https://www.cochranelibrary.com/central
EU Clinical Trials Registry	https://www.clinicaltrialsregister.eu/ctr- search/search
WHO International Clinical Trials Registry Platform (ICTRP)	http://www.who.int/ictrp/en/
Australian New Zealand Clinical Trials Registry	http://www.anzctr.org.au/

Table 23 Legal websites

Legal aspects	
Case law database of the European Court of Justice	http://curia.europa.eu/juris/recherche.jsf?language =en
Case law database of the European Court of Human Rights	https://hudoc.echr.coe.int/eng#
Council of Europe	https://www.coe.int/en/web/cm
EudraLex – Volume 1: The rules governing medicinal products in the European Union	https://ec.europa.eu/health/documents/eudralex/vol -1_en
EU law and other public EU documents	https://eur- lex.europa.eu/homepage.html?locale=en
EUR-Lex	http://eur-lex.europa.eu/n-lex/index_en
European Medicines Agency's Human medicines regulatory information	https://www.ema.europa.eu/en/human-medicines- regulatory-information
Non-binding ISO standards related to health	https://www.iso.org/caring-about-health-and- safety.html
79itte database	http://www.tress-network.org/

Table 24 Organisational websites

Organisational aspects	
ERIC (Education Recourses Information Center)	https://eric.ed.gov/

Table 25 Specialty websites

Specialty websites		
Geneva Medical Association	https://www.amge.ch/	
Arbeitsgruppe Lipide und Atherosklerose	https://www.agla.ch/familiare-hypercholesterinamie/therapie- bei-erwachsenen	
Swiss Stroke Society	https://congrex.com/client/shg-sss/	
European Society of Cardiology	https://www.escardio.org/	
European Heart Network	http://www.ehnheart.org/about-us/overview.html	
World Heart Federation	https://www.world-heart-federation.org/	
UEMS Section and Board of Vascular Surgery	https://uemsvascular.com/national-societies/	
European Society of Vascular Surgery	https://www.esvs.org	
The Familial Hypercholesterolaemia Network	https://www.fheurope.org	
European Stroke Organisation	https://www.eso-stroke.org	
Stroke Alliance for Europe	https://www.safestroke.eu	
American Stroke Association	https://www.stroke.org	
Heart and Stroke Association of Canada	https://www.heartandstroke.ca/stroke	
Stroke Association UK	https://www.stroke.org.uk	
Stroke foundation – Australia	https://www.strokefoundation.org.au	
The Heart Foundation – Australia	https://www.heartfoundation.org.au	

Table 26 Clinical practice guideline websites

Clinical practice guidelines		
Guidelines International Network (GIN)	https://www.g-i-n.net/library/international-guidelines-library	
Association of Scientific Medical Societies (AWMF)	https://www.awmf.org/awmf-online-das-portal-der- wissenschaftlichen-medizin/awmf-aktuell.html	
National Guideline Clearinghouse	https://www.ahrq.gov/gam/index.html	
Scottish Intercollegiate Guidelines Network	http://www.sign.ac.uk/guidelines/published/	
Swiss Medical Weekly	https://smw.ch/en/	
European Society of Cardiology	https://www.escardio.org/Guidelines/Clinical-Practice- Guidelines	

13 Appendix B: Characteristics of included trials

13.1 Efficacy studies

Table 27 List of included studies for efficacy-related outcomes

Author; year; country; trial name	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Relevant efficacy outcomes
Ballantyne 2004a ¹¹⁸	Primary hypercholesterolaemia	RCT, double-blind, extension study ¹¹⁹	Atorvastatin (10mg) + Ezetimibe (10mg)	LDL-c, HDL, triglycerides, total cholesterol
USA	LDL-c: 145 – 250mg/dL Triglycerides: ≤	Multicentre	Atorvastatin (10mg) + Placebo	Cardiovascular and non-cardiovascular
NCT00525824	350mg/dL	12 months		mortality
	n = 246			
Cannon 2015 ⁴⁵	Acute coronary syndrome	RCT, double-blind	Simvastatin (40mg) + Ezetimibe (10mg)	LDL-c, HDL, triglycerides, total
NR	LDL: >125 and 100 for	International, multicentre	Simvastatin (40mg) +	cholesterol • MACE, stroke,
NCT00202878	patients receiving and not receiving treatment Triglycerides: NR	7 years	Placebo	coronary intervention, myocardial infarction, cardiovascular mortality
	n = 18114			Non-cardiovascular mortality
Hougaard 2017 ¹²⁰	ST-segment elevation myocardial infarction	RCT, double-blind	Atorvastatin (80mg) + Ezetimibe (10mg)	LDL-c, HDL, total cholesterol
	•	Single-centre	ζ, ο,	Cardiovascular and
Denmark	LDL-c: NR Triglycerides: NR	12 months	Atorvastatin (80mg) + Placebo	non-cardiovascular mortality
NCT01385631	n = 87			Vascular damage (IVUS)
Kastelein	Familial	RCT, double blind	Simvastatin (80mg) +	• LDL-c, HDL,
2008 ¹²¹	hypocholesterolaemia	International,	Ezetimibe (10mg)	triglycerides, total cholesterol
America,	LDL-c: >210mg/dL;	multicentre	Simvastatin (80mg) +	MACE, stroke,
Africa and Europe ^a	or <210mg/dL + existing	24 months	Placebo	coronary intervention, myocardial infarction,
	lipid lowering therapy			cardiovascular mortality
NCT00552097	Triglycerides: NR			Vascular damage (cIMT)
	n = 720			
Kouvelos	Elective vascular	RCT, blinding NR	Rosuvastatin (10mg)	• LDL-c, HDL,
2013 ¹²²	surgery	Centres NR	Rosuvastatin (10mg) +	triglycerides, total cholesterol
Greece	LDL-c: NR		Ezetimibe (10mg)	MACE, stroke,
NR	Triglycerides: NR	12 months		myocardial infarction, cardiovascular mortality
1411	n = 262			Gardiovasculai mortality

Author; year; country; trial name	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Relevant efficacy outcomes
Masana	Primary	RCT, double-blind,	Simvastatin (10, 20, 40,	• LDL-c, HDL,
2005 ¹²³	hypocholesteraemia	extension study ¹²⁴	80mg) + Ezetimibe (10mg)	triglycerides, total cholesterol
NR	LDL-c > 160mg/dL + 1 risk factor	Multicentre	Simvastatin (10, 20, 40,	Non-cardiovascular mortality
NR	LDL-c > 130mg/dL + 2 risk factor LDL-c > 100mg/dL + coronary heart disease Triglycerides: NR n = 433	48 weeks	80mg) + Placebo	y
West 2011 ¹²⁵	Peripheral artery	RCT, double-blind	Simvastatin (40mg)	• LDL-c, HDL,
	disease, ABI 0.4 – 0.9			triglycerides, total
USA		Single-centre	Simvastatin (40mg) +	cholesterol
	LDL-c: NR	40 "	Ezetimibe (10mg)	 MACE
NCT00587678	Triglycerides: NR	12 months		Non-cardiovascular
	n = 87			mortalityVascular damage (MRI)

Abbreviations

ABI = ankle brachial index, ALT = alanine aminotransferase, AST = aspartate aminotransferase, CK = creatine kinase, cMIT = carotid intima—media thickness (ultrasound), IVUS = intravascular ultrasound, LDL-c = low density lipoprotein-cholesterol, mg = milligrams, MRI = magnetic resonance imaging, n = number of participants, NR = not reported, RCT = randomised controlled trial.

Notes:

a = USA, Canada, South Africa, Spain, Denmark, Norway, Sweden, The Netherlands.

13.2 Safety studies

Table 28 List of included studies for safety-related outcomes

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
Alvarez-Sala 2008 ¹²⁶ Spain NR	Hypercholesterolaemi a LDL-c: ≥130mg/dL Triglycerides: ≤400mg/dL n = 89	RCT, open-label Multicentre 12 weeks	Fluvastatin (80mg) Fluvastatin (80mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CK
Ansquer 2009 ¹²⁷ Belgium, Germany, France NCT00349284	Type IIb dyslipidaemia with metabolic syndrome (NCEP-ATP III definition) LDL-c: ≥160mg/dL Triglycerides: 150 – 405mg/dL n = 60	RCT, double-blind International, multicentre 12 weeks	Ezetimibe (10mg) Fenofibrate (145mg) Fenofibrate (145mg) + ezetimibe (10mg)	 Withdrawal Adverse events ALT, AST, CK
Averna 2010 ¹²⁸ Italy NCT00423579	Primary hypercholesterolaemi a with CHD LDL-c: 100 – 160mg/dL despite treatment Triglycerides: ≤350mg/dL	RCT, double-blind Multicentre 6 weeks	Simvastatin (40mg) + ezetimibe (10mg) Simvastatin (40mg) + placebo	 Withdrawal Adverse events ALT, AST, CK Compliance
Ballantyne 2003 ¹¹⁹ USA NR	n = 120 Primary hypercholesterolaemi a LDL-c: 145 – 250mg/dL Triglycerides: ≤350mg/dL n = 628	RCT, double-blind Multicentre 12 weeks	Atorvastatin (10, 20, 40 or 80mg) Atorvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg) Ezetimibe (10mg)	 Withdrawal Adverse events ALT, AST, CK Compliance
Ballantyne 2004a ¹¹⁸ USA NCT00525824	Primary hypercholesterolaemi a LDL-c: 145 – 250mg/dL Triglycerides: ≤ 350mg/dL n = 246	RCT, double-blind, extension study ¹¹⁹ Multicentre 12 months	Ezetimibe (10mg) + Atorvastatin (10mg) + Placebo	 Withdrawal Adverse events ALT, AST, CK
Ballantyne 2004b ¹²⁹ USA	Primary hypercholesterolaemi a	RCT, double-blind Multicentre	Atorvastatin (10mg titered to 80mg)	Withdrawal Adverse events

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
NR	LDL-c > NCEP-ATP III guidelines Triglycerides: ≤350mg/dL n = 788	24 weeks	Simvastatin (10mg titered to 80mg) + ezetimibe (10mg) Simvastatin (20mg tittered to 80mg) + ezetimibe (10mg)	ALT, AST, CK
Ballantyne 2007 ¹³⁰ Austria, Germany, Switzerland, South Africa, USA D3569C00006	Hypercholesterolaemi a with CHD LDL-c: 160 – 250mg/dL Triglycerides: ≤400mg/dL n = 469	RCT, open-label International, multicentre 6 weeks	Rosuvastatin (40mg) Rosuvastatin (40mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CKCompliance
Ballantyne 2019 ¹³¹ USA NCT03337308	High-risk of CVD with LDL-c ≥100mg/dL or ASCVD and/or HeFH and multiple CVD risk factors with LDL-c ≥130mg/dL despite treatment n = 382	RCT, double-blind Multicentre 12 weeks	Ezetimibe (10mg) Placebo	 Withdrawal Adverse events ALT, AST, CK
Bardini 2010 ¹³² Italy Protocol 04037	Type 2 diabetes with CHD LDL-c: 100 – 160mg/dL Triglyceride: ≤350mg/dL n = 93	RCT, double-blind Multicentre 6 weeks	Simvastatin (20mg) Simvastatin (20mg) + ezetimibe (10mg)	 Withdrawal Adverse events ALT, AST, CK Compliance
Barrios 2005 ¹³³ Asia and Europe ^a NR	Hypercholesterolaemi a with CHD LDL-c: 100 – 160mg/dL Triglycerides: ≤350mg/dL n = 435	RCT, double-blind International, multicentre 6 weeks	Atorvastatin (20mg) Simvastatin (20mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CKCompliance
Bays 2004 ¹³⁴ USA + 22 countries ^b NR	Primary hypercholesterolaemi a LDL-c: 145 – 250mg/dL Triglycerides: ≤350mg/dL n = 1528	RCT, double-blind International, multicentre 12 weeks	Ezetimibe (10mg) Simvastatin (10, 20, 40 or 80mg) Simvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg) Placebo	 Withdrawal Adverse events ALT, AST, CK Compliance

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
Bays 2008 135 USA, 22 other countries b NR	Primary hypercholesterolaemi a LDL-c: 145 – 250mg/dL Triglycerides: ≤350mg/dL	RCT, double-blind, extension study ¹³⁶ International, multicentre 48 weeks	Simvastatin (10, 20, 40 or 80mg) Simvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK
Bays 2011 ¹³⁷ America, Europe ^c NCT00783263	n = 768 Hypercholesterolaemi a with high risk of CHD or ASCVD LDL-c :> NCEP-ATP III guidelines Triglycerides: ≤350mg/dL	RCT, double-blind International, multicentre 6 weeks	Rosuvastatin (40mg) Rosuvastatin (40mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK Compliance
Bays 2013 ¹³⁸ America and Europe d NCT01154036	n = 440 Primary hypercholesterolaemi a with high risk of CVD LDL-c: 166 – 190md/dL Triglycerides: NR	RCT, double-blind International, multicentre 12 weeks	Atorvastatin (20mg) Atorvastatin (10mg) + ezetimibe (10mg) Rosuvastatin (10mg)	Withdrawal Adverse events ALT, AST, CK Compliance
Bays 2015 ¹³⁹ Australia, America and Europe ^e NCT01730040	n = 1547 Primary hypercholesterolaemi a with high risk of CVD LDL-c: >70mg/dL high risk CVD; >100mg/dL with diabetes/kidney disease despite therapy Triglycerides: NR n = 355	RCT, double-blind International, multicentre 24 weeks	Atorvastatin (40mg) Atorvastatin (20mg) + ezetimibe (10mg) Rosuvastatin (40mg)	Withdrawal Adverse events ALT, AST, CK Compliance
Blagden 2007 ¹⁴⁰ UK NR	Primary hypercholesterolaemi a with CHD LDL-c: 130 – 209mg/dL Triglycerides: ≤368mg/dL n = 148	RCT, double-blind Multicentre 6 weeks	Atorvastatin (10mg) + ezetimibe (10mg) Atorvastatin (10mg) + Placebo	 Withdrawal Adverse events ALT, AST, CK Compliance
Brohet 2005 ¹⁴¹ Europe ^f	CHD	RCT, double-blind	Simvastatin (10 or 20mg)	WithdrawalAdverse eventALT, AST, CK

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
NR	LDL-c: 100 – 160mg/dL n = 418	International, multicentre 6 weeks	Simvastatin (10 or 20mg) + ezetimibe (10mg)	Compliance
Cannon 2015 ⁴⁵ NR NCT00202878	Acute coronary syndrome LDL: >125 and 100 for patients receiving and not receiving treatment Triglycerides: NR	RCT, double-blind International, multicentre 7 years	Simvastatin (40mg) + ezetimibe (10mg) Simvastatin (40mg) + Placebo	WithdrawalAdverse eventsALT, AST, CK
Catapano 2006 ¹⁴² USA Protocol 058	n = 18114 Hypercholesterolaemi a with risk of CHD LDL-c: 145 – 250mg/dL Triglycerides: ≤350mg/dL n = 2959	RCT, double-blind, extension study Multicentre 6 weeks	Rosuvastatin (10, 20 and 40mg) Simvastatin (20, 40 or 80mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK
Chenot 2007 ¹⁴³ Belgium NR	Acute myocardial infarction LDL-c: >90mg/dL Triglycerides: NR	RCT, blinding NR Centres NR 1 week	No drugs Simvastatin (40mg) Simvastatin (40mg) + ezetimibe (10mg)	Adverse events
Chirinos 2010 ¹⁴⁴ USA NCT00566267	Elevated LDL-c LDL-c: 130 – 190mg/dL Triglycerides: <400mg/dL	RCT, single-blind Single-centre 8 weeks	Simvastatin (20mg) Simvastatin (20mg) + ezetimibe (10mg)	WithdrawalAdverse events
Conard 2008 ¹⁴⁵ Austria, Canada, Costa Rica, USA Protocol 079	n = 58 Hypercholesterolaemi a with CAD LDL-c: 100 – 160mg/dL Triglyceride ≤350mg/dL n = 196	RCT, double-blind International, multicentre 6 weeks	Atorvastatin (40mg) Atorvastatin (20mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CK
Cruz-Fernandez 2005 ¹⁴⁶ Europe, North America ⁹ Protocol 803/4	CHD LDL-c: 101 – 160mg/dL Triglycerides: ≤350mg/dL n = 450	RCT, double-blind International, multicentre 6 weeks	Atorvastatin (10 or 20mg) + ezetimibe (10mg) Atorvastatin (10 or 20mg) + Placebo	WithdrawalAdverse eventsALT, AST, CKCompliance

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
Davidson 2002 ¹⁴⁷	Primary hypercholesterolaemi	RCT, double-blind	Ezetimibe (10mg)	Withdrawal Adverse events
USA	a	Multicentre	Simvastatin (10, 20, 40 or 80mg)	Adverse eventsALT, AST, CK
NR	LDL-c: 145 – 250mg/dL Triglycerides: ≤350mg/dL	12 weeks	Simvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg)	Compliance
Davidson 2013 ¹⁴⁸	n = 668	DOT devible blind	Placebo	Well I and
USA	Hypercholesterolaemi a LDL-c: 130 –	RCT, double-blind, cross-over Single-centre	Ezetimibe (10mg) Placebo	WithdrawalAdverse events
NCT00701727	200mg/dL Triglycerides: <350mg/dL	14 weeks		
Deharo 2014 ¹⁴⁹	n = 26 Acute coronary	RCT, open-label	Rosuvastatin (20mg)	Withdrawal
France	syndrome LDL-c: ≥100mg/dL	Single-centre	Simvastatin (40mg) + ezetimibe (10mg)	Adverse eventsALT, AST, CKCompliance
SAFE-SE	Triglycerides: NR	4 weeks		Compliance
Dujovne 2002 ¹⁵⁰	Primary	RCT, double-blind	Ezetimibe (10mg)	Withdrawal
USA	hypercholesterolaemi a	Multicentre	Placebo	Adverse eventsALT, AST, CK
Protocol P00474	LDL-c: 130 – 200mg/dL Triglycerides: ≤350mg/dL	20 weeks		Compliance
	n = 892			
Farnier 2005a ¹⁵¹ Asia, Europe ^h Protocol 802	Hypercholesterolaemi a with CHD LDL-c: 100 – 162mg/dL	RCT, double-blind International, multicentre	Simvastatin (10 or 20mg) + ezetimibe (10mg) Simvastatin (10 or	WithdrawalAdverse eventsALT, AST, CKCompliance
1100001002	Triglycerides: ≤354mg/dL n = 372	6 weeks	20mg) + placebo	
Farnier 2005b ¹⁵²	Mixed	RCT, double-blind	Ezetimibe (10mg)	Withdrawal
NR	hyperlipidaemia LDL-c: 131 –	International, multicentre	Fenofibrate (160mg)	Adverse eventsALT, AST, CKCompliance
NCT00092573	220mg/dL Triglycerides: 203 – 504mg/dL	12 weeks	Fenofibrate (160mg) + ezetimibe (10mg)	Compliance
	n = 559		Placebo	
Farnier 2007 ¹⁵³	Mixed hyperlipidaemia	RCT, double-blind	Fenofibrate (160mg)	Withdrawal Adverse events ALT, AST, CK

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
NCT00093899	LDL-c: 130 – 220mg/dL Triglycerides: 150 – 500mg/dL n = 265	International, multicentre 12 weeks	Simvastatin (20mg) + ezetimibe (10mg) Simvastatin (20mg) + ezetimibe (10mg) + Fenofibrate (160mg)	Compliance
Farnier 2009 ¹⁵⁴ Europe ⁱ NCT00479713	Hypercholesterolaemi a with high risk of CVD LDL-c: 100 – 190mg/dL Triglycerides: ≤350mg/dL n = 618	RCT, double-blind International, multicentre 8 weeks	Placebo Rosuvastatin (20mg) Simvastatin (40mg) + ezetimibe (10mg)	 Withdrawal Adverse events ALT, AST, CK Compliance
Feldman 2004 ¹⁵⁵ USA NR	CHD or CHD risk equivalent LDL-c: ≥130mg/dL Triglycerides: ≤350mg/dL n = 710	RCT, double-blind Multicentre 23 weeks	Simvastatin (10mg) Simvastatin (10, 20 or 40mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK
Foody 2010 ¹⁵⁶ USA NCT00535405	Hyperlipidaemia with high risk of CHD LDL-c: ≥130mg/dL Triglycerides: ≤350mg/dL n = 1289	RCT, double-blind Multicentre 12 weeks	Atorvastatin (10, 20 or 40mg) Simvastatin (20 or 40mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CKCompliance
NR NR	Primary hypercholesterolaemi a LDL-c: ≥160mg/dL + 1 risk or LDL-c: ≥130mg/dL + 2 risk factors or LDL-c: ≥100mg/dL + coronary heart disease Triglycerides: NR n = 769	RCT, double-blind Multicentre 15 weeks	Statin + ezetimibe (10mg) Statin + placebo j	Withdrawal Adverse events ALT, AST, CK

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
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Goldberg 2004 ¹³⁶	Primary hypercholesterolaemi	RCT, double-blind	Ezetimibe (10mg)	Withdrawal
USA + 22 countries b	a	International, multicentre	Simvastatin (10, 20, 40 or 80mg)	Adverse eventsALT, AST, CK
NR	LDL-c: ≥145 – 250mg/dL Triglycerides ≤350mg/dL	12 weeks	Simvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg)	
	n = 887		Placebo	
Goldberg 2006 ¹⁵⁷ USA	Primary hypercholesterolaemi a with type 2 diabetes	RCT, double-blind Multicentre	Atorvastatin (10 or 20mg)	WithdrawalAdverse eventsALT, AST, CK
NCT00110435	LDL-c: ≥100mg/dL Triglycerides: ≤400mg/dL	6 weeks	Simvastatin (20mg) + ezetimibe (10mg)	
	n = 1229			
Hing Ling 2012 ¹⁵⁸ Asia, Europe, South America ^k	Primary hypercholesterolaemi a with high risk of CHD	RCT, double-blind International, multicentre	Atorvastatin (40mg) Simvastatin (20mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CK
NCT00782184	LDL-c: 100 – 160mg/dL Triglycerides: ≤ 400mg/dL n = 250	6 weeks		
Hougaard 2017 ¹²⁰	ST-segment elevation	RCT, double-blind	Atorvastatin (80mg) +	Withdrawal
Denmark	myocardial infarction	Single-centre	ezetimibe (10mg)	Adverse eventsALT, AST, CK
NCT01385631	LDL-c: NR Triglycerides: NR	12 months	Atorvastatin (80mg) + Placebo	
	n = 87	DOT		
Japaridze 2017 ¹⁵⁹	Acute coronary syndrome	RCT, open-label	Atorvastatin (40mg)	WithdrawalAdverse events
Georgia	LDL-c: ≥70mg/dL	Single-centre	Atorvastatin (20mg) + ezetimibe (10mg)	ALT, AST, CK
NR	despite treatment Triglycerides: NR	16 weeks	ozoumiso (romg)	
	n = 292			
Jones 2010 ¹⁶⁰	Dyslipidaemia defined as fasting:	RCT, double-blind	Atorvastatin (40mg) + ezetimibe (10mg)	WithdrawalAdverse events
USA	LDL-c: ≥130mg/dL	Multicentre	,	Adverse eventsALT, AST, CK
NCT00639158	Triglyceride: 150 – 400 mg/dL HDL: <40mg/dL	12 weeks	Atorvastatin (40mg) + ezetimibe (10mg) + fenofibric acid	
	(male) and <50mg/dL (female)		(135mg)	
	n = 543			
Kastelein 2008 ¹²¹	Familial hypocholesterolaemia	RCT, double blind	Simvastatin (80mg) + ezetimibe (10mg)	WithdrawalAdverse events

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
America, Africa and Europe NCT00552097	LDL-c: >210mg/dL; or <210mg/dL + existing lipid lowering therapy Triglycerides: NR	International, multicentre 24 months	Simvastatin (80mg) + placebo	ALT, AST, CKCompliance
	n = 720			
Knopp 2003 ¹⁶¹	Primary hypercholesterolaemi	RCT, double-blind	Ezetimibe (10mg)	WithdrawalAdverse events
USA	a	Multicentre	Placebo	ALT, AST, CK
NR	LDL-c: ≥130mg/dL Triglycerides: ≤250mg/dL	12 weeks		
	n = 827			
Kosoglou 2004a ¹⁶²	Primary hypercholesterolaemi	RCT, single-blind	Ezetimibe (10mg)	WithdrawalAdverse events
France	a	Single-centre	Fenofibrate (200mg)	Adverse events
NR	LDL-c: ≥130mg/dL	2 weeks	Fenofibrate (200mg) + ezetimibe (10mg)	
	n = 33		Placebo	
Kosoglou 2004b ¹⁶³	Hypercholesterolaemi	RCT, single-blind	Ezetimibe (10mg) +	Withdrawal
France	a	Single-centre	placebo	Adverse eventsALT, AST, CK
NR	LDL-c: ≥130mg/dL Triglycerides: ≤400mg/dL	2 weeks	Rosuvastatin (10mg) + ezetimibe (10mg)	7.21,7.61, 610
	n = 40		Rosuvastatin (10mg) + Placebo	
			Placebo + placebo	
Kouvelos 2013 ¹²²	Elective vascular surgery	RCT, blinding NR	Rosuvastatin (10mg)	WithdrawalAdverse events
Greece		Centres NR	Rosuvastatin (10mg)	ALT, AST, CK
NR	LDL-c: NR Triglycerides: NR	12 months	+ ezetimibe (10mg)	
	n = 262			
Krysiak 2012a ¹⁶⁵	Primary hypercholesterolaemi	RCT, double-blind	Ezetimibe (10mg)	Withdrawal Adverse events
Poland	a with	Multicentre	Simvastatin (40mg)	Adverse eventsCompliance
NR	LDL-c: 130mg/dL Triglycerides: <150mg/dL	12 weeks	Simvastatin (40mg) + ezetimibe (10mg)	
			Placebo	
Krysiak 2012b ¹⁶⁶	n = 104 Hypercholesterolaemi	RCT, double-blind	Ezetimibe (10mg)	Withdrawal
•	a	·	, , ,	Adverse events
Poland		Multicentre	Simvastatin (40mg)	Compliance
NR		12 weeks		

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
	LDL-c: 130mg/dL Triglycerides: <150mg/dL		Simvastatin (40mg) + ezetimibe (10mg)	
Kumar 2009 ¹⁶⁷ Canada	n = 178 Hypercholesterolaemi a	RCT, open-label, cross over	Placebo Atorvastatin (10mg) Fenofibrate (160mg)	Withdrawal Adverse events ALT, AST, CK
NR	LDL-c: NR Triglycerides: NR n = 43	Centre NR 6 weeks	+ ezetimibe (10mg)	
Kusters 2015 ⁹⁴ Europe, North	Familial hypercholesterolaemi a or nonfamilial	RCT, double-blind International,	Ezetimibe (10mg) Placebo	WithdrawalAdverse eventsALT, AST, CK
America ^m NCT00867165	hypercholesterolaemi a LDL-c dependent on	multicentre 12 weeks		Compliance
	family history Children			
	n = 138			
Lakoski 2010 ¹⁶⁸ USA	Elevated LDL LDL-c: 130 –	RCT double-blind, cross-over	Ezetimibe (10mg) Simvastatin (10mg/dl)	WithdrawalAdverse eventsCompliance
NR	175mg/dL Triglycerides:	Single-centre	Simvastatin (10mg) +	Compliance
	≤250mg/dL n = 215	6 weeks	ezetimibe (10mg) Placebo	
Leiter 2008 ¹⁶⁹ Canada, USA	Hypercholesterolaemi a	RCT, double-blind International,	Atorvastatin (80mg) Atorvastatin (40mg) +	WithdrawalAdverse eventsALT, AST, CK
Protocol 090	LDL-c: 70 – 160mg/dL Triglycerides: ≤350mg/dL	multicentre 6 weeks	ezetimibe (10mg)	, ALI, AOI, OK
Masana 2005 ¹²³	n = 579 Primary	RCT, double-blind,	Simvastatin (10, 20,	Withdrawal
NR	hypocholesteraemia LDL-c > 160mg/dL +	extension study ¹²⁴ Multicentre	40, 80mg) + ezetimibe (10mg)	Adverse eventsALT, AST, CKCompliance
NR	1 risk factor LDL-c > 130mg/dL + 2 risk factor LDL-c > 100mg/dL + coronary heart disease Triglycerides: NR	48 weeks	Simvastatin (10, 20, 40, 80mg) + placebo	·
	n = 433			
McCormack 2010 ¹⁷⁰	CVD or high-risk CVD	RCT, double-blind	Atorvastatin (40mg)	Withdrawal Adverse events

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
UK	LDL-c: 77 – 162mg/dL Triglycerides:	Multicentre	Rosuvastatin (5 or 10mg)	Compliance
NCT00462748	<328mg/dL n = 786	6 weeks	Simvastatin (40mg) + ezetimibe (10mg)	
McKenney 2007 ¹⁷¹ USA NCT00079638	Elevated LDL-c with risk for or established CHD LDL-c: ≥190mg/dL with 0 – 1 risk factors LDL-c: ≥160mg/dL with 2 risk factors LDL-c: ≥130mg/dL with CHD Triglycerides: NR n = 293	RCT, blinding NR Multicentre 12 weeks	Rosuvastatin (10 titrated to 40mg) Simvastatin (20 titrated to 40mg) + ezetimibe (10mg)	 Withdrawal Adverse events ALT, AST, CK
McKenney 2006 ¹⁷² NR NCT00092573	Mixed hyperlipidaemia LDL-c: 130 – 220mg/dL Triglycerides: 200 - 500mg/dL n = 576	RCT, double-blind, extension study ¹⁵² International, multicentre 48 weeks	Fenofibrate (160mg) Fenofibrate (106mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CK
Melani 2003 ¹⁷³ USA NCT00079638	Primary hypercholesterolaemi a LDL-c: 155 – 251mg/dL Triglycerides: ≤354mg/dL n = 538	RCT, double-blind Multicentre 12 weeks	Placebo Pravastatin (10, 20 or 40mg) Pravastatin (10, 20 or 40mg) + ezetimibe (10mg)	 Withdrawal Adverse events ALT, AST, CK Compliance
Moutzouri 2011 ¹⁷⁴ Greece NR	Primary hypercholesterolaemi a LDL-c: ≥NCEP-ATP III guidelines Triglycerides: < 500mg/dL n = 153	RCT, open-label Single-centre 12 weeks	Rosuvastatin (10mg) Simvastatin (40mg) Simvastatin (10mg) + ezetimibe (10mg)	WithdrawalALT, AST, CKCompliance
Nicholls 2017 ¹⁷⁵ USA NCT02227784	ASCVD with/without diabetes LDL-c: ≥70mg/dL Triglycerides: ≤400mg/dL n = 366	RCT, double-blind Multicentre 12 weeks	Atorvastatin (40mg) Atorvastatin (80mg) Atorvastatin (40mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CK

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
Ose 2007 ¹⁷⁶ USA + 24 countries ^b	Primary hypercholesterolaemi a	RCT, double-blind, extension study ¹³⁴	Simvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK
Protocol 038-10	LDL-c: 145 – 250mg/dL Triglycerides:	International, multicentre 14 weeks	Simvastatin (10, 20, 40 or 80mg)	7.21,7.61, 61.
	≤350mg/dL			
0.1.10000477	n = 1104	DOT I II II' I	A1 (00)	1000
Ostad 2009 ¹⁷⁷	CAD	RCT, double-blind	Atorvastatin (80mg)	WithdrawalAdverse events
Germany	LDL-c: ≥100mg/dL Triglycerides: NR	Single-centre	Atorvastatin (10mg) + ezetimibe (10mg)	Adverse events ALT, AST, CK
ISRCTN34110682	n = 58	8 weeks	, 0,	
Pandey 2011 ¹⁷⁸	Primary hypercholesterolaemi	RCT, open-label	Statin + ezetimibe	WithdrawalAdverse events
Canada	a with high CAD risk	Multicentre	Statin + statin	
NCT00652847	LDL-c: 96mg/dL despite treatment Triglycerides: NR	6 weeks		
	n = 936			
Patel 2006 ¹⁷⁹	Primary hypercholesterolaemi	RCT, double-blind	Simvastatin (20mg) + ezetimibe (10mg)	WithdrawalAdverse events
UK	а	Multicentre	Simvastatin (20mg) +	ALT, AST, CKCompliance
Protocol P00680	LDL-c: ≥127 mg/dL Triglycerides: ≤350mg/dL	6 weeks	placebo	Compliance
Decree 2006180	n = 153	DOT double blind	Otation is anotionally a	AAPIL L I
Pearson 2006 ¹⁸⁰	Hypercholesterolaemi a	RCT, double-blind	Statin + ezetimibe (10mg)	WithdrawalAdverse events
USA	LDL-c: >NCEP-ATP	Multicentre	Ctatin , placeho	ALT, AST, CK
NR	III guidelines Triglycerides:	6 weeks	Statin + placebo	
	≤350mg/dL			
Reckless 2008 ¹⁸¹	n = 3030 Hospitalised for	RCT, open-label	Double Statin dose	Withdrawal
Asia, Europe n	coronary event	International,	Simvastatin (40mg) +	Adverse eventsALT, AST, CK
NCT00132717	LDL-c: NR	multicentre	ezetimibe (10mg)	• Compliance
INGTUUTSZITI	Triglycerides: ≤ 350mg/dL	12 weeks		
	n = 424			
Robinson 2009 ¹⁸²	Hypercholesterolaemi a at risk of CHD with	RCT, double-blind	Atorvastatin (10mg)	Withdrawal Adverse events
USA	metabolic syndrome	Multicentre	Atorvastatin (20mg)	ALT, AST, CK
NCT00409773	LDL-c: ≥70mg/dL with ASCVD;	6 weeks	Atorvastatin (40mg)	

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
	≥100mg/dL without ASCVD Triglycerides: NR		Simvastatin (20mg) + ezetimibe (10mg) Simvastatin (40mg) + ezetimibe (10mg)	
Roeters 2008 ¹⁸³ The Netherlands EASEGO	CHD with/without Type 2 diabetes LDL-c: 96 – 193mg/dL despite treatment Triglycerides: <350mg/dL	RCT, open-label Multicentre 14 weeks	Double Statin dose Simvastatin (20mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CK
Rosen 2013 ¹⁸⁴ Europe, North and South America ° NR	n = 367 CVD with Type 1 or 2 diabetes LDL-c: 70 − 160mg/dL despite treatment Triglycerides: ≤ 400mg/dL n = 808	RCT, double-blind International, multicentre 6 weeks	Double Statin dose Rosuvastatin (10mg) Simvastatin (20mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK
Ruggenenti 2010 ¹⁸⁵ Italy NCT00157482	Elevated LDL-c with type 2 diabetes LDL-c ≥135mg/dL despite lipid-lowering therapy	RCT, double-blind Multicentre 8 weeks	Simvastatin (40mg) + ezetimibe (10mg) Simvastatin (40mg) + Placebo	WithdrawalAdverse eventsALT, AST, CK
Stein 2004 ¹⁸⁶ 21 countries ^b NR	n = 108 Primary hypercholesterolaemi a with CHD and 2 cardiovascular risk factors or HeFH with LDL-c ≥130mg/dL despite treatment n = 621	RCT, double-blind International, multicentre 14 weeks	Atorvastatin (20mg) Atorvastatin (10mg) + ezetimibe (10mg)	Withdrawal Adverse events ALT, AST, CK
Stojakovic 2010 ¹⁸⁷ Germany NCT00814723	With or at high-risk of CHD LDL-c: 100 – 160mg/dL Triglycerides: NR n = 84	RCT, single-blind Single-centre 12 weeks	Fluvastatin (80mg) Fluvastatin (80mg) + ezetimibe (10mg)	• ALT, AST, CK
Strony 2008 ¹⁸⁸ USA NR	Primary hypercholesterolaemi a	RCT, double-blind, extension study ¹⁴⁷ Multicentre	Simvastatin (10, 20, 40 or 80mg) + ezetimibe (10mg)	WithdrawalAdverse eventsALT, AST, CKCompliance

Author; year; country; trial ID	Inclusion criteria; Sample size	Design; Setting; Follow-up	Intervention; Comparator	Safety outcomes
	LDL-c: 145 – 250mg/dl Triglycerides: <350mg/dL	12 months	Simvastatin (10, 20, 40 or 80mg) + Placebo	
	n = 109			
Sudhop 2002 ¹⁸⁹ Germany NR	Hypercholesterolaemi a LDL-c: 130 – 180mg/dL	RCT, double-blind, cross-over Single-centre	Ezetimibe (10mg) Placebo	Adverse eventsALT, AST, CK
	Triglycerides: <250mg/dL n = 18	6 weeks		
Sudhop 2009 ¹⁹⁰ NR	Hypercholesterolaemi a LDL-c: 130 –	RCT, double-blind, cross-over Centres NR	Ezetimibe (10mg) Simvastatin (20mg)	Withdrawal Adverse events ALT, AST, CK
NCT00652301	180mg/dL Triglycerides: <250mg/dL n = 41	28 weeks	Simvastatin (20mg) + Ezetimibe (10mg) Placebo	
van der Graff 2008 ⁹⁵	Familial	RCT, double-	Simvastatin (10, 20 or	Withdrawal
The Netherlands	hypercholesterolaemi a	blind/open label Multicentre	40mg) + ezetimibe (10mg)	Adverse eventsALT, AST, CK
NCT00129402	LDL-c value based on genotype	52 weeks	Simvastatin (10, 20 or 40mg) + placebo	
	Triglyceride: ≤ 350mg/dL Adolescents			
West 2011 ¹²⁵	n = 248 Peripheral artery	RCT, double-blind	Simvastatin (40mg)	Withdrawal
USA	disease, ABI 0.4 – 0.9	Single-centre	Simvastatin (40mg) + ezetimibe (10mg)	Adverse events ALT, AST, CK Compliance
NCT00587678	LDL-c: NR Triglycerides: NR n = 87	24 months		
Zieve 2010 ⁹⁶ America and Europe	High-risk of CHD with/without ASCVD	RCT, double-blind International,	Atorvastatin (20mg titrated to 40mg)	Withdrawal Adverse events ALT, AST, CK
q	LDL-c: 70 – 160mg/dL	multicentre	Atorvastatin (10mg) + ezetimibe (10mg)	, , , , , , , , , , , , , , , , , , , ,
NCT00418834	established CHD; 100 – 190mg/dL high-risk of CHD Triglycerides:	12 weeks		
	≤350mg/dL			
	Patients ≥ 65 years			

Author; year;	Inclusion criteria;	Design; Setting;	Intervention;	Safety outcomes
country; trial ID	Sample size	Follow-up	Comparator	
	n = 1053			

Abbreviations:

ALT = alanine aminotransferase, ASCVD = atherosclerotic cardiovascular disease, AST = aspartate aminotransferase, CAD = coronary artery disease, CHD = coronary heart disease, CVD = cardiovascular disease, CK = creatine kinase, HeFH = Heterozygous familial hypercholesterolaemia, LDL-c = low density lipoprotein-cholesterol, mg = milligrams, n = number of participants, NCEP ATP = national cholesterol education adult treatment panel, NR = not reported, RCT = randomised controlled trial.

Notes

- **a** = Estonia, France, Latvia, The Netherlands, Slovenia, Spain, Taiwan.
- **b** = Remaining countries not reported.
- c = Canada, Columbia, Croatia, Denmark, Finland, Hungary, Peru, Poland, Puerto Rico, USA.
- **d** = Argentina, Belgium, Bulgaria, Canada, Chile, Columbia, Croatia, Czech Republic, Denmark, Estonia, Finland, France, Germany, Hungary, Israel, Italy, Lithuania, Netherlands, Norway, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden, Turkey, United Kingdom and USA.
- e = Australia, Canada, France, Germany, Italy, Mexico, Spain, UK, USA.
- **f** = Belgium, Germany, Greece, Hungary, Israel, Netherlands, Norway, Portugal, Romania, Slovenia, Sweden, and Switzerland.
- g = Canada, Czech Republic, Germany, Greece, Hungary, Italy, The Netherlands, Norway, Spain, UK.
- h = Croatia, Czech Republic, Egypt, France, Italy, Lebanon, Russia, Saudi Arabia, Spain, Turkey and United Arab Emirates.
- i = Belgium, Czech Republic, Estonia, France, Greece, Italy, Latvia, Lithuania, the Netherlands and Portugal.
- **j** = Statins include: Simvastatin, Atorvastatin or another Statin.
- k = Costa Rica, Estonia, Guatemala, Hungary, Israel, Latvia, Malaysia, Peru, Poland, Romania and Spain.
- I = USA, Canada, South Africa, Spain, Denmark, Norway, Sweden, The Netherlands.
- m = Canada, Columbia, France, Greece, Israel, Italy, Norway, Netherlands and USA.
- **n** = Australia, Austria, Belgium, Chile, Croatia, France, Germany, Hong Kong, Italy, Jordan, Malaysia, Singapore, Switzerland, UK.
- **o** = Austria, Bulgaria, Chile, Costa Rica, Croatia, Egypt, Estonia, Germany, Greece, Hungary, Italy, Latvia, Lithuania, Peru, Portugal, United States.
- **p** = open-label extension from week 33 to 57.
- q = Canada, Poland, Romania, Russia, Ukraine, USA.

*NCEP-ATP III guidelines = < 100mg/dL for moderately high/high-risk subjects without atherosclerotic vascular disease or 70mg/dL for high-risk subjects with atherosclerotic vascular disease.

14 Appendix C: Economic evaluation study extraction

Table 29 Evidence table for the included studies on health economic evaluations

	Study Characteristics							Health Economic Evaluation Summary						
Study	_	Drug regimen combinations	Costing Year		Study Perspective		Subgroup patient	Model	Health State	_	Discount rate	Source	QoL Measure	Evaluation Outcome
Alonso 2007 ¹⁰⁸		Intervention • A40 + E10 • A80 + E10 Comparators • A (10, 20, 30, 40, 50, 60, 80) • C (0.2, 0.4, 0.6, 0.8) • F (20, 40) • L (10, 20, 40, 60, 80, 120) • P (10, 20, 40, 60, 80) • S (10, 20, 30, 40, 50, 60, 80, 120)		Lifetime	Government	● 18 to 82 years old ● Genetic FH patients, 44% Men	Variation in age and gender cohorts		6 based on CVD events; MI Other ischemic heart disease Heart failure Ictus CVD death Non-CVD death	best case		Spanish FH Registry (1999-2002)		Cost per LYG from PYLL
Ara 2008a ¹⁰⁷	UK	Intervention • Simvastatin (NOS) + Ezetimibe (NOS) • Atorvastatin (NOS) + Ezetimibe (NOS) Comparators • Simvastatin (NOS) • Atorvastatin (NOS)		• 5 years • 10 years • 20 years • Lifetime		Men 55-year old History of CVD LDL-c (116mg/dL [3.0 mmol/l])		model	6 based on CHD History; No CHD Non-fatal CVD Recurrent CVD Healthy secondary prevention Fatal CVD from stroke and CHD Non-CVD death	Variations in baseline parameters Health state utility variation ±20% Health state cost ±50% PSA	3.5%	British National Formulary Nottingham Heart Attack Register. South London Stroke Register 12 weeks of treatment	EQ-5D	Cost per QALY gained

		Si	tudy Char	acteristics						Health Economic	Evaluation (Summary		
Study	Country	Drug regimen combinations	Costing Year		Study Perspective	Patient characteristics	Subgroup patient	Model	Health State	Sensitivity Analysis	Discount rate	Source	QoL Measure	Evaluation Outcome
Ara 2008b ⁹⁷	UK	Intervention • Ezetimibe (10) • A (10, 20, 40) + E10 • S (10, 20, 40, 80) + E10 • P (10, 20, 40) + E10 Comparators • A (10, 20, 40, 80) • S (10, 20, 40) • R (10, 20, 40) • No treatment	2006		Healthcare payer	◆≥ 18 years ◆LDL-c 129.93 – 251.35 mg/dL (3.36–6.50 mmol/l) ◆FH patients ◆Statin intolerant	● CHD or non-CHD diabetic patients ● Different ethnic tgroups ● HeFH and non-HeFH patients ● Different LDL-c levels; 96.67, 116 and 135.34mg/dL (2.5, 3.0 and 3.5 mmol/l)		9 based on CHD History Stable angina unstable angina Non-fatal MI Non-fatal stroke TIA CHD-death Fatal stroke Fatal TIA Non-CHD death	Variations in baseline parameters	3.5%	Review of existing studies Expert opinion ScHARR economic analysis of statin therapy	EQ-5D	Cost per QALY gained Cost per LYG
Ara 2008c ¹⁰⁶	UK	Intervention • Ezetimibe (NOS) Comparators No treatment	2006	• 2 years • 5 years • 20 years • 45 years (Lifetime)	Government	Male CVD patients Statin intolerant or contraindications 55 years LDL-c 154.68mg/dL (4.0 mmol/)I	Variation in gender and age cohort (75)	Model	6 based on CHD History; No CHD Non-fatal CVD Recurrent CVD Healthy secondary prevention Fatal CVD from stroke and CHD Non-CVD death	Variation in drug cost Variation in LDL-c. Variation in effectiveness rate of Ezetimibe Variation in relative risk of CVD events PSA		 Published studies British Heart Foundation Nottingham Heart Attack Register. South London Stroke Register 		Cost per QALY gained

	Study Characteristics							Health Economic Evaluation Summary						
Study			Costing Year		Study Perspective	Patient characteristics	Subgroup patient	Model	Health State	Sensitivity Analysis	Discount rate		QoL Measure	Evaluation Outcome
Cook 2004 ⁹⁸	Norway Spain	Intervention • S (10, 20, 40, 80) + E10 • A (10, 20, 40, 80) + E10 Comparators • A (10, 20, 40, 80) • S (10, 20, 40, 80)	• 2004	• 5 years • Lifetime	Healthcare payer	CHD or non- CHD diabetic patients Patients prescribed atorvastatin or simvastatin Germany and Spain: LDL-c ≥100mg/dL Norway: -LDL-c 193.55mg/dL (≥5.0 mmol/l)	CHD or non-CHD diabetic patients	Markov Model	4 based on CHD History; No CHD MI Angina CHD death Non-CHD death	10% & 20% relative reduction in the annual CHD risk 25% & 50% reduction in the daily cost of atorvastatin and simvastatin 0% & 6% discount rate 5-year duration of ezetimibe coadministration	3%	German REALITY Study 12 months of treatment	NR	Cost per LYG
Davies 2017 ⁹⁹		Intervention • A (10, 20, 40, 80) + E10 • S (10, 20, 40, 80) + E10 • R (5,10, 20, 40, 80) + E10 Comparator • A (10, 20, 40, 80) • S (10, 20, 40, 80) • R (5, 10, 20, 40, 80)	2013	100 years	Healthcare payer	35 -74 years old History of CHD and/or stroke LDL-c ≥70mg/dL	levels ≥100mg/dL	model	28 health state based on CVD History; No history of CVD prior to CHD prior to stroke prior to CVD. CVD death Non-CVD death	Variations in LDL-c level lowering efficacy CVD event rate reductions Utility weights Baseline risk Allocation of CVD death Percent price reduction of ezetimibe.	3%	IMS Health's PharMetrics Plus Health Plan Claims database (PMTX+) Electro nic Medical Record (EMR)	EQ-5D	Cost per QALY gained

			Study Char	acteristics						Health Economic I	Evaluation S	Summary		
Study		Drug regimen combinations	Costing Year		Study Perspective		Subgroup patient	Model	Health State	Sensitivity Analysis	Discount rate	Source	QoL Measure	Evaluation Outcome
Kohli 2006 ¹⁰⁰		Intervention • A (10, 20, 40) + E10 Comparators • A (10, 20, 40)	2002	• 2 years • Lifetime	Government	65-year-old patients high risk CAD patients Patients prescribed atorvastatin LDL-c levels of 119.88 or 139.2mg/dL (3.1 or 3.6 mmol/L)	NR	Markov Model (Cook model)	Stage one 4 based on CHD History; • No CHD • Stroke • MI • Angina Stage two 4 based on CAD events; • -Non-fatal MI • Non-fatal Angina • -CAD death • Non-CAD death	● Variation in drug cost by 20% ● Management cost for post-MI and Angina ● Removal of 7% drug acquisition cost mark-up ● Removal of 1-year lag time before benefit of treatment. ● Variation in utility for individuals in M and angina. ● Variation in age 45-55		Ontario Drug Benefit Formulary Various Clinical trials		Cost per QALY gained Cost per LYG
Laires 2015 ¹⁰¹	3	Intervention • A10+E10 • A20+E10 Comparators • R10 • R20	2015	100 years	Healthcare payer	cardiovascular risk patients • History of CHD and/or diabetes	 CHD only Diabetes only Both diabetes and CHD 		7 based on CHD History; • No CHD • Non-fatal MI • Angina pectoris • Subsequent year CHD • Healthy secondary prevention • Fatal CHD • Non-CHD death.	Discount rate to 0% and 7%	5%	DYSIS National Authority of Medicines and Health Products (INFARMED) National Institute of Statistics	NR	Cost per QALY gained Cost per LYG

		5	Study Char	acteristics						Health Economic I	Evaluation S	Summary		
Study	Country	Drug regimen combinations	Costing Year	Time horizon	Study Perspective	Patient characteristics	Subgroup patient	Model	Health State	Sensitivity Analysis	Discount rate	Source		Evaluation Outcome
Nherera 2010 ¹⁰²	UK	Intervention • \$40+E10 • \$80+E10 Comparators • A80 • \$40 • R40	2008- 2009	100 years	Healthcare payer	● FH patients ● 20 and 70 years old	Different age cohorts; • 20-39 • 40-59 • ≥60	Markov model	9 based on CHD History; No event MI Stroke Peripheral artery disease Heart failure Revascularisation Unstable angina CVD death Non-CVD death	◆ Variation in treatment effect ◆ Variation in age ◆ Variation in risk of death from Non-CVD	3.5%	UK Prescription Pricing Authority Various study sources for QoL data	NR	Cost per QALY gained
Plans- Rubio 2010 ¹⁰³	Spain	Intervention Each comparator + E10 Comparators • A (10, 20, 40, 80) • F (20, 40, 80) • L (20, 40) • P (10, 20, 40) • R (5, 10, 20) • S (10, 20, 40)	2010	NR	Healthcare payer	• Failed statin at highest dose • ≥45 years for men • ≥55 years for women • LDL- C ≥130mg/dL	Patients	LDL-c reduction	NR /	Variation in ICER computation with changes in • dominance • quality of therapies	NR	Meta-Analysis 16 weeks of treatment 2 months of dietary treatment before drug therapy	NR	Cost per LYG ICER
Reckless 2010 ¹⁰⁴		Intervention S40 + E10 Comparators • A20 • A40 • S40	2009	100 years	Government	Hospitalised ACS patients On a stable (≥6 weeks) statin dose before admission	3 Strata of statin odose/poten cy; I low Medium high	model	5 based on CHD History; • no event • MI • angina pectoris • CHD death • non–CHD death.	Equating prices of generic atorvastatin to generic simvastatin	3.5%	INFORCE trial 12- week follow up	NR	-Cost per QALY gained

	Study Characteristics							Health Economic Evaluation Summary						
Study		Drug regimen combinations	Costing Year		Study Perspective	Patient characteristics	Subgroup patient	Model	Health State	Sensitivity Analysis	Discount rate	Source	-	Evaluation Outcome
	nds	Intervention • \$20 + E10 • \$40 + E10 Comparators • A20 • A40 • \$40	2008	, ,	payer	CHD patients on a stable (≥4 weeks) statin dose (S20 or A10) LDL-c >96.67mg/dL (2.5 mmol/l) Female 24.3%	NR	model	6 based on CHD History; No CHD Non-fatal CVD Recurrent CVD Healthy secondary prevention Fatal CVD. Non-CVD death	PSA output as CEAC with variation in WTP threshold	1.5% of Effects 4% of cost	Dutch EASEGO ■ 2006 Dutch Guideline on Cardiovascul ar Risk Management ■ 2008 Dutch Healthcare Performance Report		Cost per QALY gained

Abbreviations:

ACER = Average cost-effectiveness ratios, CAD = coronary artery disease, CEAC = Cost-Effectiveness Acceptability Curves, CEAF = cost-effectiveness acceptability frontier, CHD = coronary heart disease, CKD = chronic kidney disease, CVD = cardiovascular disease, DM = Diabetes Mellitus, EVPI = Expected Value of Perfect Information, EQ-5D = EuroQol-5D, EQ-5D HRQoL = EuroQol-5D health related quality of life, EVPPI = Expected Value of Perfect Information for Parameters, FH = Familial hypercholesterolaemia, HeFH = heterozygous familial hypercholesterolaemia, IMS = Intercontinental Medical Statistics, IS = ischaemic stroke (IS), LDL-c= low-density lipoprotein cholesterol, MI = myocardial infarction, NOS = no otherwise specific, PSA = Probabilistic sensitivity analysis, PYLL = potential years of life lost, QALY = quality-adjusted life year, SMR = standardized mortality rate, TIA = transient ischemic attack, VAS = visual analogue scale, WTP = willingness to pay.

Notes: Drug are abbreviated with the first letter of various statins and Ezetimibe, and their regimens. **E** is for Ezetimibe and others are for statins therapy. A = Atorvastatin, C = Cerivastatin, C = Cerivastatin, P = Pravastatin, R = Rosuvastatin, R = Rosuvastatin, R = Rosuvastatin, C = Cerivastatin, R = Rosuvastatin, R = Rosuvastatin, C = Cerivastatin, C = Cerivast

15 Appendix D: List of ongoing clinical trials

Table 30 Ongoing clinical trials fitting the inclusion criteria

Trial registry ID	Indication; Target sample size	Design	Intervention	Comparator	Primary outcomes	Status
EU Clinical Tria	ls Register					•
2014-001069- 28	Hypercholesterolemia and high-risk cardiovascular patients with hypertriglyceridemia n = 13,000	RCT, single- blind, multicentre	OMEGA-3 (800mg) Statin + Ezetimibe Statin	Placebo	MACE	Ongoing
2011-001055- 36	Diabetes and cardiovascular event Hypercholesteremia n = 28	RCT, double- blind, centre NR	Simvastatin Atorvastatin Rosuvastatin Ezetimibe	Fluvastatin Sodium Pravastatin Sodium	Cost- effectiveness in prescribing leads, determined by initial LDL-c	Ongoing
2006-006557- 28	Type II Diabetic and hyperlipidaemia n = 480	RCT, open- label, multicentre	Fenofibrate (160mg)/ Pravastatin (40mg) OR Fenofibrate (160mg)/ Pravastatin (40mg) + Ezetimibe (10mg)	Simvastatin (20mg) OR Simvastatin (20mg) + Ezetimibe (10mg)	Change in plasma non- HDL-c	Ongoing
2016-004556- 30	Patients with Primary Hypercholesterolaemia n = 758	RCT, double- blind, multi centre	Rosuvastatin (10mg) + ezetimibe (10mg) Rosuvastatin (20mg) + ezetimibe (10mg) Rosuvastatin (40mg) + ezetimibe (10mg)	Rosuvastatin (10mg) Rosuvastatin (20mg) Rosuvastatin (40mg)	Change in LDL-c	Ongoing
2004-004416- 22	Diabetes mellitus type 2, without or with renal impairment n = 100	RCT, double- blind, single centre	Simvastatin (40mg) + Ezetimibe (10mg)	Simvastatin (40mg)	To compare drug effectiveness	Ongoing
2008-003908- 61	Metabolic syndrome patients n = 1080	RCT, double- blind, multi centre	Simvastatin (10mg) + ezetimibe (10mg)	Simvastatin (80 mg)	Postprandial arterial endothelial function	Ongoing

2009-013622- 17	Suspected stable CAD candidates to PCI n = 1080	RCT, double- blind, multi centre	Rosuvastatin (40mg)	Ezetimibe (10mg)	Reduction in the extent of peri- procedural MI	Ongoing
2008-000824- 20	Type 2 diabetes mellitus n = 16	RCT, double- blind, single centre	Simvastatin (10mg) + ezetimibe (10mg)	Simvastatin (20mg)	postprandial lipemia	Ongoing
Clinicaltrials.gov	,					
NCT03169985	Coronary Artery Disease n = 280	RCT, single- blind, single centre	Rosuvastatin (10mg) + ezetimibe (10mg)	Rosuvastatin (20mg)	Change in percent atheroma volume (PAV)	Recruiting
NCT03044665	Cardiovascular diseases n = 3780	RCT, open- label, single centre	Rosuvastatin (10mg) + ezetimibe (10mg)	Rosuvastatin (20mg)	Composite of cardiovascular death Composite of nonfatal stroke Major cardiovascular event	Recruiting
NCT03434613	Non-alcoholic Fatty Liver Disease Hyperlipidaemia LDL-c > 130mg/dL with less than 1 major risk factor LDL-c > 100mg/dL with 2 or more risk factors LDL-c > 70mg/dL with carotid stenosis > 50% abdominal aortic aneurysm and diabetes mellitus n = 70	RCT, open- label, single centre	Rosuvastatin 5 mg + ezetimibe (10mg)	Rosuvastatin 5 mg	Change in liver fat	Recruiting
NCT03771053	Coronary Heart Disease n = 240	RCT, double- blind, single Centre	Simvastatin (40mg) + Ezetimibe (10mg)	Simvastatin (40mg)	Change from Baseline coronary plaque volume percentage (PAV)	Recruiting
NCT03597412	Atherosclerotic cardiovascular disease Type 2 Diabetes Mellitus n = 244	RCT, Open Label, Single centre	Rosuvastatin (10mg) + ezetimibe (10mg)	Rosuvastatin (20mg)	Change in LDL-c	Recruiting
NCT03403556	Atherosclerotic Cardiovascular Disease Type 2 Diabetes n = 140	RCT, Open Label, Multi- centre	Rosuvastatin (10mg) + ezetimibe (10mg)	Rosuvastatin (20mg)	Change in LDL-c	Recruiting

NCT03768427	Hypercholesterolemia n = 450	RCT, double- blind, single centre	Atorvastatin (10mg) + Atorvastatin (10mg) Atorvastatin (20mg) + ezetimibe (10mg)	Atorvastatin (10mg) Atorvastatin (20mg)	Change in LDL-c	Recruiting
NCT04074551	Hypertension Dyslipidaemias ^a n = 129	RCT, double- blind, single centre	Rosuvastatin (mg NR) + ezetimibe (mg NR)	HCP1701 (mg NR) Losartan (mg NR) Amlodipine (mg NR)	Change in LDL-c	Recruiting
NCT03510884	Hypercholesterolaemia n = 150	RCT, triple-blind, multi centre	Ezetimibe (mg NR)	Rosuvastatin (mg NR) Atorvastatin (mg NR) Simvastatin (mg NR) Pravastatin (mg NR) Lovastatin (mg NR) Fluvastatin (mg NR) Cholestyramine (mg NR) Nicotinic acid Fenofibrate Omega-3 fatty acids Placebo	Change in LDL-c	Recruiting

Abbreviations

HDL-c = high density lipoprotein, LDL-c = low density lipoprotein-cholesterol, mg = milligrams, n = number of patients, NR = not reported, RCT = randomised controlled trial.

Notes

a = dyslipidaemia not defined.

16 Appendix E: List of excluded trials at full text

Wrong study design

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