Occurrence and Genetic Characteristics of Third-Generation Cephalosporin-Resistant
Escherichia coli in Swiss Retail Meat

Debora Vogt,1 Gudrun Overesch,1 Andrea Endimiani,2 Alexandra Collaud,1 Andreas Thomann,1 and Vincent Perreten1

Prevalence and genetic relatedness were determined for third-generation cephalosporin-resistant Escherichia coli (3GC-R-Ec) detected in Swiss beef, veal, pork, and poultry retail meat. Samples from meat-packing plants (MPPs) processing 70% of the slaughtered animals in Switzerland were purchased at different intervals between April and June 2013 and analyzed. Sixty-nine 3GC-R-Ec isolates were obtained and characterized by microarray, PCR/DNA sequencing, Multi Locus Sequence Typing (MLST), and plasmid replicon typing. Plasmids of selected strains were transformed by electroporation into E. coli TOP10 cells and analyzed by plasmid MLST. The prevalence of 3GC-R-Ec was 73.3% in chicken and 2% in beef meat. No 3GC-R-Ec were found in pork and veal. Overall, the blaCTX-M-1 (79.4%), blaCMY-2 (17.6%), blaCMY-4 (1.5%), and blashv-12 (1.5%) β-lactamase genes were detected, as well as other genes conferring resistance to chloramphenicol (cmlA1-like), sulfonamides (sul), tetracycline (tet), and trimethoprim (dfrA). The 3GC-R-Ec from chicken meat often harbored virulence genes associated with avian pathogens. Plasmid incompatibility (Inc) groups IncI1, IncFIB, IncFII, and IncB/O were the most frequent. A high rate of clonality (e.g., ST1304, ST38, and ST93) among isolates from the same MPPs suggests that strains persist at the plant and spread to meat at the carcass-processing stage. Additionally, the presence of the blaCTX-M-1 gene on an IncI1 plasmid sequence type 3 (IncI1/pST3) in genetically diverse strains indicates interstrain spread of an epidemic plasmid. The blaCMY-2 and blaCMY-4 genes were located on IncB/O plasmids. This study represents the first comprehensive assessment of 3GC-R-Ec in meat in Switzerland. It demonstrates the need for monitoring contaminants and for the adaptation of the Hazard Analysis and Critical Control Point concept to avoid the spread of multidrug-resistant bacteria through the food chain.

Introduction

SINCE THE INTRODUCTION of third-generation cephalosporins, a large number of extended-spectrum β-lactamase (ESBL), chromosomally mediated, and plasmid-mediated AmpC β-lactamase (cAmpC and pAmpC) producers have emerged in Gram-negative bacteria, particularly in Enterobacteriaceae such as Escherichia coli.14,49 ESBL enzymes belong to Ambler class A and are mainly represented by the SHV-, TEM-, and CTX-M-type families. The latter is the most frequent, with ~150 different types categorized into five groups.35,53 ESBLs hydrolyze penicillins, first- to fourth-generation cephalosporins and monobactams, but they are inhibited by the standard β-lactamase inhibitors (e.g., clavulanaate and tazobactam). Plasmid-mediated AmpC β-lactamases belong to Ambler class C, hydrolyze penicillins and all cephalosporins (with the exception of the fourth-generation, e.g., cefepime), and are not inhibited by β-lactamase inhibitors. They are divided into six clusters, the most common being the CMY family.32

E. coli is a normal inhabitant of the gut of humans and animals; however, certain E. coli have acquired different virulence factors causing host-specific infections. Extrainestinal pathogenic E. coli (ExPEC) are responsible for colibacillosis in various animal species, including poultry (avian pathogenic E. coli [APEC]),19 urinary tract infections (uropathogenic E. coli), and newborn meningitis (newborn meningitis-causing E. coli).23 Enterotoxigenic E. coli can cause diarrhea in calves,27 pigs,24 and humans. Enterohemorrhagic E. coli (EHEC) can be commensal or pathogenic in cattle and have been of great interest as meat and vegetable contaminants, as they cause severe illness in humans.42,55 E. coli are also responsible for wound infections, pneumonia, and septicemia in people.14,25,49

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The emergence of third-generation cephalosporin-resistant \textit{E. coli} (3GC-R-Ec) isolates is associated with prolonged hospitalization, higher health costs, and mortality. In addition, 3GC-R-Ec can carry other antibiotic resistances, such as those against aminoglycosides, chloramphenicol, trimethoprim, tetracycline, sulfonamides, and quinolones. These genes are frequently located on the same genetic elements (e.g., plasmids, integrons) as the \textit{bla}ESBL and \textit{bla}pAmpC genes. It has been shown that these genetic elements can be transferred from commensals to pathogens and vice versa. This phenomenon was well demonstrated by Leverstein-van Hall \textit{et al.}, who found that in 19\% of isolates from human patients, the plasmids containing the \textit{bla}ESBL were indistinguishable from those isolated from poultry meat.

Therefore, treating 3GC-R-Ec infections is becoming a challenge for clinicians and a growing concern for human health. Furthermore, the use of carbapenems to treat 3GC-R bacteria favors the selection of carbapenemase producers, which are able to hydrolyze carbapenems, leaving only colistin, fosfomycin, and tigecycline as last therapeutic options.

Since the beginning of the 21st century, ESBL- and pAmpC-producing isolates have been increasingly reported in livestock such as broilers, cattle, and pigs, but data about 3GC-R-Ec in meat are still scarce. This situation raised public health and food safety concerns about whether food-producing animals act as reservoirs for 3GC-R-Ec, which may contaminate meat and thus reach consumers, where 3GC-R-Ec could transfer genetic elements to human pathogenic \textit{E. coli}.

In Switzerland, preliminary studies indicated a high prevalence of 3GC-R-\textit{Enterobacteriaceae} in both indigenous and imported poultry meat. Another study recently showed a high rate of contamination of chicken meat received at a Swiss hospital kitchen. The aim of this study was to determine a more general and representative prevalence of 3GC-R-Ec in different lots of Swiss beef, pork, poultry, and veal retail meat and to determine their molecular characteristics. This study represents the first national surveillance of 3GC-R-Ec in meat, using a sampling plan based on representative production data from Swiss meat processing plants, and could therefore also serve as a basis for national monitoring of antibiotic resistance in fresh meat products at retail in Switzerland.

**Materials and Methods**

**Sampling**

Meat from meat-packing plants (MPPs) processing at least 70\% of the slaughtered animals in Switzerland was analyzed in a time frame spanning from March 2013 to June 2013. This set encompasses a total of seven different MPPs, including two MPPs (MPPA and MPPB) processing solely poultry meat, four MPPs (MPPC1, MPPD, MPPE1, and MPPF1) processing beef, three MPPs (MPPC2, MPPE2, and MPPF2) processing pork, and three MPPs (MPPC3, MPPE3, and MPPG) processing veal. One type of meat among chicken breast, pork, beef, and veal escalope was analyzed every 4 weeks to avoid sampling the same batch twice. Twenty-five chicken meat samples selected in different stores selling products from MPPA \((n=37)\) and MPPB \((n=38)\) were purchased three times at 4-week intervals for a total of 75 chicken breast samples. Twenty-five pork, beef, and veal escalopes were purchased twice at 4-week intervals from different stores selling meat from MPPC \((n=44)\), MPPD \((n=12)\), MPPE \((n=54)\), MPPF \((n=28)\), and MPPG \((n=12)\), for a total of 50 samples each.

**Isolation and identification of 3GC-R-Ec**

Twenty-five grams of meat was homogenized in 25 ml of LB broth in a stomacher (Stomacher 400 Circulator, Seward) for 1 min and incubated overnight at 37\(^\circ\)C with agitation. A loop full (10\(\mu\)l) of this overnight culture was streaked onto MacConkey agar (Oxoid), Chrom ID\textsuperscript{®} ESBL agar (bioMérieux), and \textit{Brilliance}\textsuperscript{TM} CRE agar (Oxoid) selective plates and incubated overnight at 37\(^\circ\)C.

Lactose-positive colonies on MacConkey agar, reddish or white colonies on Chrom ID ESBL agar, and every colony growing on the \textit{Brilliance} CRE agar plate were transferred onto Tryptone soy agar plates containing 5\% sheep blood (TSA-SB; Becton Dickinson) and incubated overnight at 37\(^\circ\)C. The colonies were identified using a matrix-assisted laser desorption/ionization time-of-flight mass spectrometer (MALDI-TOF MS, microflex LT; Bruker Daltonics). Isolates growing on \textit{Brilliance} CRE agar plates were further tested by ertapenem (Becton Dickinson) disk diffusion tests according to the Clinical and Laboratory Standards Institute (CLSI) guidelines 2013.

**Antimicrobial susceptibility testing**

Minimum inhibitory concentrations (MIC) were obtained by broth microdilution in cation adjusted Mueller-Hinton using ESB1F and EUMVS2 Sensititre\textsuperscript{®} plates (TREK Diagnostic Systems). Interpretations of MIC were performed according to the CLSI guidelines.

**Detection of antibiotic resistance and virulence factor genes**

DNA was obtained by incubating half a loop full of bacteria in 400\(\mu\)l of lysis buffer (0.1 M Tris-HCl pH 8.5, 0.05\% Tween 20 and 0.24 mg/ml proteinase K) for 45 min at 60\(^\circ\)C followed by 15 min at 95\(^\circ\)C.

Antibiotic resistance and virulence factor genes were detected using AMR08 ArrayStrip\textsuperscript{TM} microarrays (an upgrade of Card \textit{et al.} 2013\textsuperscript{a}) and the HybrisationPlus\textsuperscript{®} Plus (+) Kit (Alere Technologies GmbH). A signal intensity of 0.4 or higher was considered positive. The presence of \(\beta\)-lactam resistance genes \textit{bla}ESHV and \textit{bla}TEM, and virulence factor genes was confirmed by PCR and sequencing with already published primers. New primers were designed with the NCBI primer-Blast tool (www.ncbi.nlm.nih.gov/tools/primer-blast): For the amplification and sequencing of the entire CTX-M Group 1 genes: CTX-M-Gr1 (CTX-MGr1-1to2, 5\'-GACTATTCATGTTGTTGTTAWTTCG; CTX-MGr1-Rout, 5\'-GACTATTCACTGTGTGGTAGTCG; CTX-MGr1-Rout, 5\'-TTCCCCATTCGGTTTCCCG [PCR and sequencing] and CTX-MGr1-FinSeq, 5\'-CGGTGATACCATCCAT; CTX-MGr1-FinSeq, 5\'-CCGACTGCCCTTAATT [sequencing], [designed from consensus sequences obtained from the GenBank accession no. X92506, GQ274934, AY458016, JQ43850]). For \(cva\) (\(cva\)-F, 5\'-AAGCGAGTGGAGTTTTC CGC; \(cva\)-R, 5\'-AACGTTTATCCCAAGCGACG [GenBank accession no. NC_014382.1], [cif-F, 5\'-CCATGCGACACACTTCAGCC; cif-R, 5\'-GCTGTCGAGCGTATAG]
TGTC [GenBank accession no. AY128544.]), ireA (ireA-F,
5'-CACTGGTGACAGCATGGAA; ireA-R, 5'-TGAGAGCCCGAAATGCTT
[GenBank accession no. NC_008563.1]), iroN (iroN-F, 5'
-GACTTGTCCCGACTCCCAAG [GenBank accession no. NC_011964.1]), and
nleA (nleA-F, 5'-AAGCCCGAAATGCTT [GenBank accession no. NC_013008]).
Amino acid substitutions in the quinolone resistance-
determining region of GyrA and ParC were detected as
described previously.7
PCR was performed using 5× HOT FIREPol® Master Mix
Ready to Load (Solis BioDyne) under the following condi-
tions: initialization for 15 min at 94°C followed by 35 cycles
of amplification for 30 s at 94°C, 30 s at 48–60°C, and 1 min
at 72°C and a final elongation step at 72°C for 5 min. Selected
DNA amplicons were sequenced using Big Dye by the
Sanger method/chain termination method on an ABI Prism
3100 Genetic Analyzer (Applied Biosystems).
Genotyping and determination of phylogenetic group
Genotyping was performed by Multi Locus Sequence
Typing (MLST) using the method described by Wirth et al.
200656 and the sequence types (ST) were obtained with the
database provided by the University College Cork, Ireland
(http://mlst.ucc.ie/mlst/dbs/Ecoli). Plasmid incompatibility
(Inc) groups were determined using a multiplex PCR-based
replicon typing kit (PBRT kit MBK0038; Diatheva). Plasmids
were extracted using the alkaline lysis method, including the
phenol/chloroform purification step,47 and transformed into
E. coli TOP10 cells by electroporation (Invitrogen). The
transformants were selected on Mueller Hinton II agar con-
taining either 70 mg/L of ampicillin or 2 mg/L cefotaxime and
confirmed for the presence of bla_{CTX-M} and bla_{CMY} genes by
colony PCR. Inc groups of the transformed plasmids were
confirmed by PCR using specific primers described previ-
ously.8 Plasmids of the IncI1 group were further typed by
Plasmid MLST29 and the STs were obtained using the
PubMLST database (http://pubmlst.org/plasmid).
The phylogenetic groups of the isolates were obtained
using the triplex PCR method previously described.10 The
minimum spanning tree was constructed with BioNumerics 7.1 (Applied Maths).

Statistical analysis
Prevalence was calculated using R version 3.0.1 (The R

Results
Prevalence
The prevalences of 3GC-R-
E. coli were 73.3% (confidence
interval [CI] 95%: 62–83%, n = 55/75) in chicken, 2% (CI
95%: 0–10%, n = 1/50) in beef, and 0% (CI 95%: 0–7.1%,
n = 0/50) in pork and veal retail meat. No carbapenem-
resistant E. coli (Fig. 1) were detected, even for those col-
onies growing on Brilliance CRE agar. However, colonies
containing CMY-2 (n = 8/9) and CTX-M-1 (n = 1/9) were
found growing on this agar, as already reported.12

3GC-R-Ec isolates
The only 3GC-R-Ec isolated from beef retail meat belonged
to ST453, phylogenetic group B1, and it contained a
bla_{CTX-M-1} gene as well as genes conferring resistance to sulfamethoxazole
(sul2), tetracycline [tet(B)], and trimethoprim (dfrA17) and a
class 1 integrase as well as an IncII plasmid (Table 1).

FIG. 1. Percentage of resistance and resistance determinants among isolates from chicken meat. 3GC, third-generation
cephalosporins; CHL, chloramphenicol; CIP, ciprofloxacin; COL, colistin; GEN, gentamicin; IMI, imipenem; KAN,
kanamycin; MER, meropenem; NAL, nalidixic acid; SMX, sulfamethoxazole; TET, tetracycline; TMP, trimethoprim;
CMY, pAmpC β-lactamase; CTX-M-1, ESBL; SHV-12, ESBL; DfrA, dihydrofolate reductase for trimethoprim resistance;
Sul, dihydropteroate synthetase for sulfonamide resistance; Tet, tetracycline efflux.
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<th>ST (n)</th>
<th>PhG (n)</th>
<th>MPP (n)</th>
<th>Phenotype (n)</th>
<th>3GC-R genes (n)</th>
<th>Other antibiotic resistance genes and integrons (n)</th>
<th>Virulence factor genes (n)</th>
<th>Plasmid Inc groups and pMLST (n)</th>
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(continued)
Table 1. (Continued)

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<td>3GC, CHL, NAL, TET, SMX</td>
<td>bla\textsubscript{SHV-12}</td>
<td>aad\textsubscript{A1-like}, aad\textsubscript{A2-like}, cml\textsubscript{A1-like}, sul\textsubscript{3}, tet(A), Int\textsubscript{I}</td>
<td>iro\textsubscript{N}, iss</td>
<td>FIB, FII, 11</td>
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<td>B1</td>
<td>MPPA</td>
<td>3GC, TET, SMX</td>
<td>bla\textsubscript{CTX-M-1}</td>
<td>sul\textsubscript{2}, tet(A)</td>
<td>iro\textsubscript{N}, iss</td>
<td>FIB, FII, 11 [pST3], 12</td>
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<td>B1</td>
<td>MPPA</td>
<td>3GC, NAL, TMP, SMX</td>
<td>bla\textsubscript{CTX-M-1}</td>
<td>aad\textsubscript{A4-like}, dfr\textsubscript{A17}, sul\textsubscript{2}</td>
<td>iss</td>
<td>FIB, FII, 11 [pST3]</td>
</tr>
<tr>
<td>ST4007</td>
<td>E</td>
<td>MPPB</td>
<td>3GC, TET, SMX</td>
<td>bla\textsubscript{CTX-M-1}</td>
<td>sul\textsubscript{2}, tet(A)</td>
<td>—</td>
<td>FIB, 11 [pST3]</td>
</tr>
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</table>

*The only isolate from beef retail meat.

(n), number of strains; the absence of brackets means that only one strain is associated with the corresponding information. Bold and underlined plasmid incompatibility groups represent the plasmid on which the CTX-M-1, CMY-2, or CMY-4 gene has been located after transformation into Escherichia coli TOP10 cells.

MPPA, MPPB, MPPE, meat-packing plant (MPP) A, B, and E; PhG, phylogenetic group; ST, sequence type; 3GC, third-generation cephalosporin; CHL, chloramphenicol; CIP, ciprofloxacin; KAN, kanamycin; NAL, nalidixic acid; SMX, sulfamethoxazole; TET, tetracycline; TMP, trimethoprim; trimethoprim; aad\textsubscript{A}, streptomycin adenyltransferase; cat\textsubscript{B3} like, chloramphenicol acetyltransferase gene; cml\textsubscript{A} like, chloramphenicol efflux gene; bla\textsubscript{CMY-2}, p\textsubscript{AmpC} \(\beta\)-lactamase gene; bla\textsubscript{CTX-M-1}, extended-spectrum \(\beta\)-lactamase gene; bla\textsubscript{SHV-12}, extended-spectrum \(\beta\)-lactamase gene; dfr\textsubscript{A}, dihydrofolate reductase gene for trimethoprim resistance; ere\textsubscript{B}, erythromycin esterase gene; Int\textsubscript{I}, class I integrase gene; str\textsubscript{AB}, streptomycin phosphotransferase gene; sul\textsubscript{I}, dihydropteroate synthetase genes for sulfonamide resistance; hyl\textsubscript{E}, avian E. coli hemolysin gene; ire\textsubscript{A}, siderophore receptor protein gene; iro\textsubscript{N}, enteroobactin siderophore receptor protein gene; iss, increased serum survival protein gene; lpf\textsubscript{A}, long polar fimbriae gene; nle\textsubscript{A}, non-LEE-encoded receptor A gene; tir, translocated intimin receptor gene; tsh, temperature-sensitive hemagglutinin gene; Inc, incompatibility; MLST, Multi Locus Sequence Typing; pST3, plasmid sequence type 3.
The 68 isolates from chicken retail meat (nine samples contained two and two samples contained three different STs) carried blaCTX-M-1 (79.4%), blaCMY-2 (17.6%), blaCMY-4 (1.5%), or blaSHV-12 (1.5%) and were frequently associated with additional resistance genes, such as sul sulfonamide resistance genes, dfrA trimethoprim resistance genes, and tet tetracycline resistance genes (Fig. 1). Multidrug resistance was present in 61.8% of the isolates, which were resistant to three to six different antibiotics. The most frequent resistances were to third-generation cephalosporins, sulfamethoxazole, nalidixic acid, trimethoprim, and tetracycline (Fig. 1 and Table 1). One strain exhibited resistance to ciprofloxacin, which was associated to amino acid substitutions Ser83Leu, Asp87Asn in GyrA, and Ser80Arg in ParC.

The isolates from poultry belonged to 18 different STs, with the most frequent being ST1304 (n = 15), ST38 (n = 12), ST93 (n = 9), ST770 (n = 6), ST1158 (n = 6), ST371 (n = 5), and ST155 (n = 4) (Table 1). Isolates belonging to the same ST also belonged to the same phylogenetic group except for ST93 isolates that formed two different groups (Table 1). The blaSHV-12 and blaCMY-4 genes were each only present in one ST, and blaCMY-2 genes were present in two STs, whereas blaCTX-M-1 was widespread in 15 different STs (Fig. 2). Isolates belonging to the same ST also contained the same resistance profiles and the same antibiotic resistance genes. Most of them also contained the same plasmid replicon types. The predominant Inc groups were IncI1 (91.2%), IncFIB (83.8%), IncFII (45.6%), IncK (36.8%), IncY (11.8%), and IncI2 (8.8%), whereas IncFIA, IncH1, IncP, and IncX1 were only detected once (1.5%) (Table 1). Plasmids belonging to IncI1 (98.1%), IncFIB (85.2%), and IncFII (81.5%) were the most frequent in isolates harboring blaCTX-M-1, and the Inc groups IncB/O (100%), IncFIB (100%), IncFII (100%), IncK (100%), and IncI1 (83.3%) were most common in blaCMY-2 carriers. Analysis of the blaCTX-M-1-positive plasmids transformed from six genetically diverse strains (ST93, ST155, ST1304, ST2248, ST2307, and ST4007) as well as four genetically related strains (all of ST1304) into E. coli Top10 cells revealed that they all belonged to the IncI1 group and were of plasmid sequence type 3 (pST3). Similarly, the plasmids of three strains containing blaCMY-2 (two strains belonging to ST38 and one to ST1564) as well as of one strain containing blaCMY-4 (ST38) all belonged to the IncB/O group as determined by PCR (Table 1 and Fig. 2).

**Virulence factors**

A total of 12 different virulence factor genes could be identified from the isolates (Table 1). The APEC-associated iroN and iss genes were found in 59.4% and 76.8% of the isolates, respectively; in 59.4% of the isolates, they were detected together. Other APEC-associated virulence genes, including tsh, astA, and hylE, were found less frequently (≤4.3%). The lpfA (long polar fimbriae) gene was only detected in one predominant clonal lineage ST1304 (100%). One strain belonging to ST752 contained enteropathogenic E. coli (EPEC)/EHEC-associated virulence factor genes cif, espB, nleA, and tir additionally to iss, iroN, and tsh. The isolates belonged to different phylogenetic groups; A: 18.8%, B1: 33.3%, B2: 2.9%, D: 27.5%, E: 15.9%, and F: 1.4% (Table 1).

**Discussion**

A very high prevalence (i.e., 73.3%) of 3GC-R-Ec was found at retail in poultry meat from indigenous animal
production in Switzerland, whereas beef (2%), pork (0%), and veal (0%) meats were less or not contaminated. The same observation has already been made for meat destined for hospital meals in Switzerland as well as in other countries. However, the analysis of meat packed in two different MPPs and purchased at different time points indicates that contamination is not a sporadic event, but likely occurs during slaughter and meat processing (Table 2). Indeed, the prevalence of 3GC-R-Ec in Swiss poultry meat is higher than that observed in Swiss broiler herds (38%). The high rate of clonality for samples from the same slaughterhouse found here underlines the possible spread and persistence of bacteria in meat packing plants, whereas 3GC-R-Ec containing CTX-M-1 from broilers are very diverse.21

Swiss meat contained CTX-M-1-, CMY-2-, and SHV-12 possessing E. coli, which are also the most frequent 3GC-R-Ec detected in animals in Switzerland and Europe.49 The E. coli also belong to the ST commonly detected among poultry isolates (ST10, ST48, ST57, ST69, ST93, ST155, ST770, and ST1304) around Europe and in Switzerland (personal communication). Similarly to other studies, isolates from poultry meat harboring blaCTX-M-1 were mainly associated with the presence of IncI1 plasmids, and those containing blaSHV-12 with IncFIB, IncFII, and IncI1 plasmids.2,18,20,28,49,54 The blaCMY-2 and blaCMY-4 genes were associated with IncB/O plasmids, which is uncommon. In fact, the association of blaCMY-2 with IncB/O plasmids has only been recently reported in E. coli isolates from broilers in Japan,50 while blaCMY-2 has mainly been associated with IncK and IncFII plasmids in other European countries.2,20,54 This suggests that a particular CMY-2 plasmid has been selected and is circulating among E. coli of the Swiss poultry meat production. Of note, all the CTX-M-1 expressing plasmids analyzed belonged to IncI1/pST3, an epidemic plasmid propagating in Enterobacteriaceae from different human and animal sources, including poultry in several European countries (plasmid MLST isolate database [http://pubmlst.org/databases]).2,15,28,29 In our study, the blaCTX-M-1-containing IncI1/pST3 plasmid was detected in both genetically related and genetically diverse E. coli strains, further emphasizing the interstrain exchange of this promiscuous plasmid in the poultry meat production.

The detection of chicken-associated toxins in the 3GC-R-Ec emphasizes that the isolates originated from poultry. Indeed, the predominant virulence factors iroN and iss as well as tsh have been associated with plasmids in APEC, principally CoV and ColBM from the IncFIB group,33 and also with plasmids of the IncB/O, IncFII, IncI1, and IncP groups.35 Such Inc groups were also frequent in isolates from Swiss poultry meat. The iroN und iss genes are located on a conserved region, whereas tsh is on a more variable portion of the putative virulence region of the plasmid and may be absent, explaining the lower frequency of tsh found here.34 This large virulence plasmid (CoIV) has also been found in other ExPEC but to a lesser extent.19 The role of such virulence factors has not yet been fully understood in human infections.23 However, two isolates (ST752 and ST1304) harbor the virulence factor genes (cif, espB, lpfA, nleA, and tir) that have been associated with human EHEC/EPEC (Table 1).3 Additionally, chicken meat was found to contain 3GC-R-Ec, which belonged to the same STs and contained the same cephalosporinase genes (ST69/CMY-2, ST10/CTX-M-1, and ST453/CTX-M-1) as some of those causing infections in humans in Switzerland,48 suggesting a possible transmission of 3GC-R-Ec from retail meat to humans. Such a phenomenon has already been observed in the Netherlands, where patients, retail chicken meat, and poultry were shown to share the same ESBL genes, plasmids, and strains.22

Nevertheless, the pandemic strain ST131 carrying blaCTX-M-15, which is responsible for most ESBL-producing human infections in Europe46,49 and in Switzerland,38 has not yet been found in meat produced in Switzerland,21,49 although it has been detected in a chicken farm in Spain.13

Even if no isolate with the typical characteristics of the most prevalent human ST131/CTX-M-15 was detected during this study, a worrisome high rate of 3GC-R-Ec was detected in retail chicken meat originating from indigenous broiler production. Of further concern, this observation included isolates with human infection-associated STs, as well as those containing genes contributing to pathogenicity on humans, and the presence of an epidemic blaCTX-M-1-containing plasmid known to be widespread in Enterobacteriaceae from both animal and human origin.

The presence of such multidrug-resistant bacteria with pathogenic potential in meat should be avoided. This goal could be achieved by adopting the Hazard Analysis and Critical Control Point and continuously monitoring concepts along the entire meat production chain up to retail, to track back sources of microbial contamination, and by implementing stricter hygiene concepts to stop the cascade of multidrug-resistant bacteria before they reach consumers.

Table 2. Distribution of Sequence Types from Chicken Meat Over the Sampling Weeks Among the Meat-Packing Plants A and B

<table>
<thead>
<tr>
<th>ST (n)</th>
<th>W1 (n)</th>
<th>W5 (n)</th>
<th>W9 (n)</th>
<th>ST (n)</th>
<th>W1 (n)</th>
<th>W5 (n)</th>
<th>W9 (n)</th>
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<td>B (11)</td>
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<td></td>
<td>A (6)</td>
<td>ST69 (1)</td>
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<td>ST93 (9)</td>
<td>B (1)</td>
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<td></td>
<td>A (8)</td>
<td>ST752 (1)</td>
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<td>B (5)</td>
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<td>ST1056 (1)</td>
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<td>A (1)</td>
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Disclosure Statement

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References


Cephalosporin-resistant E. coli in Swiss Retail Meat


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